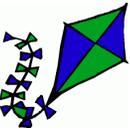


# Waterbury Senior Center Menu

 <h2 style="text-align: center;">MARCH 2020</h2> 				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p style="text-align: right;">3</p> Salisbury steak/gravy Sweet potato Broccoli Multigrain roll Fresh fruit		<p style="text-align: right;">5</p> Chicken Marsala Roasted squash Green beans Multigrain bread Orange juice Chocolate pudding	
<p style="text-align: center;"><i>Flower: Daffodils</i></p>	<p style="text-align: right;">10</p> Herb baked chicken Roasted rosemary potatoes Scandinavian blend Wheat dinner roll Apple juice Carrot cake	<p><b>All Meals Subject to Change</b></p>	<p style="text-align: right;">12</p> Chicken tortilla soup Mushroom spinach quiche Broiled tomato Orzo pilaf Marble bread Fruit cocktail Yogurt parfait	<p style="text-align: center;"><i>Birthstone: Aquamarine</i></p>
	<p style="text-align: right;">17</p> <p style="text-align: center;"><b>St. Patrick's Day</b></p>  <p style="text-align: center;"><b>Meal by F &amp; F Catering \$10/pp</b></p>		<p style="text-align: right;">19</p> Stuffed shells & meat sauce Zucchini & summer squash Garlic bread Fresh fruit	
	<p style="text-align: right;">24</p> Italian wedding soup Chicken cacciatore Bowtie noodles Cauliflower Italian bread Pears		<p style="text-align: right;">26</p> Roasted turkey breast Mashed potato Green beans Rye bread Apple juice <b>BIRTHDAY CAKE</b>	
	<p style="text-align: right;">31</p> Fish sticks/tarter/lemon Macaroni & cheese Green beans Rye bread Fresh fruit			



Elder Services /Senior Nutrition  
 Central Naugatuck Valley Region: 203-757-7738  
 Suggested donation is \$3.00 per meal

232 N. Elm Street, Waterbury, CT 06702  
 Website: [www.newoppinc.org](http://www.newoppinc.org)  
 Follow us on Facebook.com/ElderServicesCT