

The City of Waterbury welcomes you to

ROD DIXON'S

KID'S
MARATHON™
CONNECTICUT

Date: Tuesday, June 4th 2013

Time: 5:00 p.m.

Location: Crosby High School

“Finishing is Winning....Winning is Finishing”





The Connecticut Association of Schools

-Event Breakdown-

Registration: 4:30 p.m.

Introduction and Welcoming Remarks: 5:10 p.m.

Warm-Up Exercises: 5:20 p.m.

Marathon Start Time: 5:30 p.m.

What is Kid's Marathon?

KIDSMARATHON is a 8-10 week "In School" running & nutrition-education program that enables Kids to complete a full marathon (26.2 miles) by running approximately 3 miles per week. Throughout the program, Kids learn the value of good exercise and nutrition habits for healthy living and, best of all, they have fun! The program is completed in grand fashion as each child finishes the "Final Mile" of their marathon distance in front of cheering fans, friends, and family.

Kid's Marathon Mission Statement

The KIDSMARATHON Mission, is to 'Inspire' and 'Empower' Kids all year round with a life-long commitment to Activity, encourage Fitness habits and Healthy Food choices.

Message from Mayor O'Leary:

"Today we celebrate the culmination of 12 weeks of hard work of the kids participating in the first ever Kid's Marathon program in Waterbury. As the last 1.2 miles of a total of 26.2 miles is finished today, I want to thank Ryan Gomes, Rod Dixon and the planning committee involved in realizing this dream for the kids of our city. It's a solid foundation of healthy living values for our youth and I wish them continued success whether they take on the first mile or the last mile of any journey throughout their lives."

PARTICIPATING SCHOOLS

North End Middle School



Run Club Mentors

Jason Martinez
Steve Tansley
Mary Colgan
Jaime Bao

Washington Elementary



Run Club Mentors

Brian Gilmore
Stephanie Carpentieri
Roxanne Auelli

Bucks Hill Elementary



Run Club Mentors

Tim Terenzi
Ann Begley
Peter Galullo

Gilmartin Elementary



Run Club Mentors

Jill Miano

State Street



Run Club Mentors

Ben Germaine

Carrington Elementary



Run Club Mentors

Meghen Eagen
Carl Brault
Lisa Naught

COMMUNITY PARTNERS



Run Club Mentors

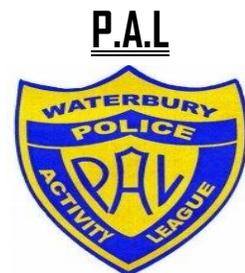
Edna Walton
Richie cintron
Jana Volpe
Kathy Ramos
Mateo Acevedo



BOYS & GIRLS CLUBS
OF GREATER WATERBURY

Run Club Mentors

Alyssa Giordano
Max Arzu
Manny Martinez
John Chiero



Run Club Mentors

Thomas Dorso
Chris Lavallee
David Vilardo

<u>KiDS MARATHON PLANNING COMMITTEE</u>	
Regina Birdsell	Assistant Executive Director - CAS
Jessica Bruenn	William Strong Elementary School
Norma Fisher-Doiron	Southeast Elementary - Mansfield Center
Stephanie Ford	Director of Marketing - CAS
Evelyn Gobstein	Central Ave School - Naugatuck
Diane Hutton	Southeast Elementary School - Mansfield Center
Andrienne Longobucco	Center School - Litchfield
David Maloney	Assistant Executive Director - CAS
Janice Mayeran	McKinley School - Fairfield
Jean Mee	CT Dept of Education
Rosie Vojtek	Ivy Drive School - Bristol
Betsy Parker	Southeast Elementary School - Mansfield Center
Sean Warren	Central Ave School - Naugatuck

We would like to thank the following Sponsors & Supporters:

Waterbury Mayors' Office
Rod Dixon- KiDSMARATHON Connecticut
Connecticut Association of Schools
The Waterbury Observer
WATR
Litchfield Hill's Food Systems
Sodexo Corporation
Joseph Gorman
State Representative Selim Noujaim
The Ryan Gomes Foundation - Hoops For Heart Health

<u>Waterbury Kids Marathon Planning Committee</u>	
Michael Dalton	Manny Martinez
Peter Galullo	Bill Burgess
Jason Martinez	John Chiero
Joseph Gorman	Dan Scavone
Jim O'Rourke	Joe Geary
Brain Gilmore	Officer David Vilardo



**...and a special thanks to the Berkeley Heights Drum Corp and
Sergeant First Class Rowland with the Crosby ROTC Program...**