

# Waterbury Senior Center Menu

## JANUARY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p>  <p>HAPPY NEW YEAR!</p>	<p>4</p> <p>Chicken Florentine Baked potato wedges Carrots Rye bread Fresh fruit</p>	<p>5</p>	<p>6</p> <p>Pasta fagioli Spinach ravioli/sauce &amp; cheese Zucchini &amp; cauliflower Italian bread Grape juice Sugar cookie</p>	<p>7</p>
<p>10</p>	<p>11</p> <p>Beef stew Bowtie noodles Diced squash Wheat dinner roll Tropical fruit</p>	<p>12</p>	<p>13</p> <p>Potato crusted fish/ tartar sauce Mac &amp; cheese Mixed vegetables Corn muffin Fresh fruit</p>	<p>14</p> <p>Birthday cupcakes</p>  <p>January</p>
<p>17</p> <p>CLOSED</p>  <p>* MARTIN LUTHER KING, JR. *</p>	<p>18</p> <p>Chicken orzo soup Spaghetti &amp; meatballs Broccoli &amp; zucchini Garlic breadstick Vanilla pudding &amp; top- ping</p>	<p>19</p>	<p>20</p> <p>Sliced turkey/gravy Stuffing Green beans Cranberry sauce Wheat bread Fresh fruit</p>	<p>21</p>
<p>24</p>	<p>25</p> <p>Chicken tenders Mac &amp; cheese Mixed vegetables Wheat dinner roll Apple juice Iced cake</p>	<p>26</p>	<p>27</p> <p>Pot roast/gravy Mashed potato Country-style vegeta- bles Wheat bread Birthday Cake</p>	<p>28</p>
<p>31</p>				