



September 2024 Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p>  <p>HAPPY LABOR DAY CLOSED</p>	<p>3</p> <p>10a=B/P 9:30a=Health Worker 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo No Farmers Market</p>	<p>4</p> <p>10a=Massage 10a=BCH Nutrition 11a=BRASS Crochet 1p-1:45p=BRASS Tai Chi No Stretch & Tone</p>	<p>5</p> <p>10a-11:30a=BRASS Quilting 11a=Poker 11:30a=Café Lunch 12:30p=Wisewoman 12:30p=Drum 1 1:15p=Drum 2</p>	<p>6</p> <p>9:30a=BRASS Chair Strength 11a=Computer Class 10a=Tech Help 11a=Paint w/Silvia \$2</p>
<p>9</p> <p>10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12p=Sr. Ctr. Meeting</p>	<p>10</p> <p>10a=B/P 9:30a=Health Worker 9:30a=Chair Yoga I 10:30a=Chair Yoga II 10a=Farmers Mkt 11:30a=Café Lunch 12:30p=Bingo</p>	<p>11</p> <p>9:30a=Stretch/Tone 10a=BCH Nutrition 10a=Farm Bag 11a=BRASS Crochet 1p-1:45p=BRASS Tai Chi</p>	<p>12</p> <p>10a-11:30a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 12:30p=Mandy Dupont Roundtable</p>	<p>13</p> <p>9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11a=City Mission Grocery Bag 11a=Paint w/Silvia \$2</p>
<p>16</p> <p>10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p=Jessica Dorner Nutrition</p>	<p>17</p> <p>10a=B/P 9:30a=Health Worker 9:30a=Chair Yoga I 10a=Farmers Mkt 10a=SBL Books 10:30a=Chair Yoga II 11:30a=Café Lunch 11:30a=Reflexology 12:30p=Bingo</p>	<p>18</p> <p>9:30a=Stretch/Tone 10a=BCH Nutrition 10a=Massage 11a=BRASS Crochet 1p-1:45p=BRASS Tai Chi</p>	<p>19</p> <p>10a-11:30a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 12:30p=AARP-Electric Choices 12:30p=New Opp/Sr. Dine</p>	<p>20</p> <p>NO ACTIVITIES 11a to 1p Please Sign Up \$5/pp</p> 
<p>23</p> <p>10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p=Cedreya Lanier Nutrition</p>	<p>24</p> <p>10a=B/P 9:30a=Health Worker 9:30a=Chair Yoga I 10a=Farmers Mkt 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo</p>	<p>25</p> <p>9:30a=Stretch/Tone 10a=BCH Nutrition 10a=Dolce 11a=BRASS Crochet 12:30p=Cards & Crafts 1p-1:45p=BRASS Tai Chi</p>	<p>26</p> <p>10a-11:30a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 12:30p=Thomaston Sav Bank-Fraud 12:30p=Drum 1 1:15p=Drum 2</p>	<p>27</p> <p>9:30a=BRASS Chair Strength 10a=Tech Help 11a=Virtual Reality 11a=Paint w/Silvia 11:30a=Reiki</p>
<p>30</p> <p>10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p=Dealing with Aging Lunch & Learn by Lutheran Home</p>	<p>Pool Room & Computer room open 9a-2p Dominoes 9a-2p Wii Bowling Daily-9a</p>			
<p>New Opp will be here on the 3rd Thursday of the month from 12:30pm to 1pm to register or renew your Senior Dine cards.</p>				