

NAME:



November 2025 Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p= Sr. Ctr. Meeting (Sol Fontanez-Elara)	4 9:30a=Chair Yoga 1 9:30a=Comm. Health Worker 10a=B/P 10:30a=Chair Yoga 2 11:30a=Chair Yoga 3 11:30a=Café Lunch 12:30p=Bingo 	5 9a=Tai Chi at Matt 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 12:30p=Sewing (1/2)	6 10a=BRASS Quilting 10a=Chorus 11a=Ukulele Lessons 11a=Poker 11:30a=Café Lunch 12:30p=Wisewoman	7 9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11a=Paint w/Silvia \$2 11a=City Mission
10 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p=Jessica Dorner Nutrition	11 	12 9a=WCAAA Open Enrollment 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 12:30p=Sewing (2/2)	13 10a=BRASS Quilting 10a=Chorus 11a=Ukulele Lessons 11a=Poker 11:30a=Café Lunch 12:30p=Mandy DuPont-Seasonal Changes	14 9a=WCAAA Open Enrollment 9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11a=Paint w/Silvia \$2 Wii Team to New Britain
17 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 11a-1:30p=Timeless Beauty w/Joby	18 9:30a=Chair Yoga 2 10a=B/P 10:30a=Chair Yoga 2 11:30a=Chair Yoga 3 11:30a=Café Lunch 11:30a=Reflexology-\$25 12:30p=Bingo	19 9:30a=Stretch/Tone 10a=Dolce 10a=BCH Nutrition 11a=BRASS Crochet 12:30p=Pottery Plaza-Ceramic Christmas trees \$2 NO SEWING	20 10a=BRASS Quilting 10a=Chorus 11a=Ukulele Lessons 11a=Poker 11:30a=Café Lunch 11:30=Reiki-\$20 12:30p=Senior Dine Sign Up	21 9:30a=Chair Strength 9:30a-1:30p=AARP Driver class 9:30a=Oral Health Screening 10a=Tech Help 11a=Computer Class 11a=Paint w/Silvia \$2
24 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback	25 11:30a=Thanksgiving Lunch \$5 12:30p=Pryme Tyme Musical Bingo No Other Activities	26 9:30a=Stretch/Tone 11a=BRASS Crochet NO SEWING NO BCH NUTRITION	27 	28 Open, but No Activities OUTTA MY WAY... IT'S BLACK FRIDAY!
	Wii Bowling daily at 9am Cards, pool table, Chess, Dominoes, Fitness Room			



November 2025 Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Café Lunch served 11:30a to 12:30p Tuesday & Thursday All menus are subject to change	4 Chicken Parmesan Garlic Rotini Green beans Italian bread Peaches		6 Hamburger w/bun Baked beans Lettuce, tomato, onion, pickles, mustard, mayo, ketchup Butterscotch pudding Juice	Suggested Donation for Seniors \$4.00
	11 		13 Corn chowder/crx Hamburger patty w/WG bun & ketchup Ranch beans Seasonal fruit Juice	PLEASE NOTE Aids & Guests are asked to pay \$8.14 for lunch. That is what the WSC pays New Opp for lunch
	18 Cheese ravioli w/ tomato sauce Green peas Tossed salad w/Ranch Dinner roll Seasonal Fruit		20 Roast Turkey w/gravy Stuffing Green beans Dinner roll Pumpkin pie Fruit juice	We are unable to use our funding to pay for lunches of individuals under the age of 60
	25 Turkey breast w/ gravy Twice whipped potatoes Calif. vegetables Dinner roll Cookie Fruit juice		27 	
				