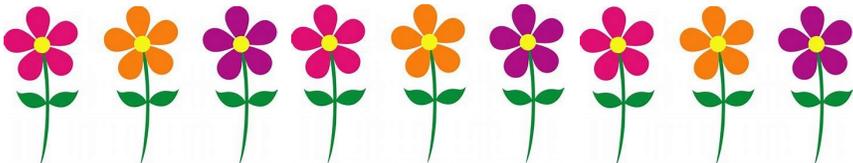


NAME:

March 2026 Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>9a=AARP Taxes 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12p=Sr. Ctr. Meeting. Guests: Essential homecare, City HOME program, home tax credit</p>	<p>3</p> <p>9:30a=Chair Yoga 1 9:30a=Comm. Health Worker 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo</p>	<p>4</p> <p>9:30a=Stretch/Tone 9:30a-11:30a=Scrapbooking at the Matt Museum \$3 10a=BCH Nutrition 11a=BRASS Crochet 12:30p-2p=Monitor My Health (1)</p>	<p>5</p> <p>10a=BRASS Quilting 10:30a=Ukulele 11a=Poker 11:30a=Café Lunch</p> <p>No Wisdom Years</p>	<p>6</p> <p>11a-2p=Black History Month Celebration No Activities \$20 pp</p> 
<p>9</p> <p>9a=AARP Taxes 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12p=Orthopedic Screening</p>	<p>10</p> <p>9:30a=Chair Yoga 1 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo</p>	<p>11</p> <p>9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 11a=Drumming w/ Debra 12:30p-2p=Monitor My Health (2)</p>	<p>12</p> <p>10a=BRASS Quilting 10:30a=Ukulele 11a=Poker 11:30a=Café Lunch 12:30p=Mandy Dupont</p>	<p>13</p> <p>9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11a=Paint w/Silvia \$2 11a=City Mission</p> <p>No Sewing</p>
<p>16</p> <p>9a=AARP Taxes 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback</p>	<p>17</p> <p>St. Patrick's Day Party 10a to 12pm \$5 pp NO ACTIVITIES</p> 	<p>18</p> <p>9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 11a=Dept of Revenue Services 12:30p-2p=Monitor My Health (3)</p>	<p>19</p> <p>10a=BRASS Quilting 10:30a=Ukulele 11a=Poker 11:30a=Café Lunch 12:30p=Senior Dine Sign-up</p>	<p>20</p> <p>9:30a=AARP Driver 9:30a=BRASS Chair Strength 10a=Vets Coffee Hour 10a=Tech Help 11a=Sewing 11a=Computer Class 11a=Paint w/Silvia \$2 11:30p=Reflexology</p>
<p>23</p> <p>9a=AARP Taxes 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p=WCAAA Service Navigation</p>	<p>24</p> <p>9:30a=Chair Yoga 1 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo</p>	<p>25</p> <p>9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 11a=Sound Healing 12:30p-2p=Monitor My Health (4)</p>	<p>26</p> <p>10a=BRASS Quilting 10:30a=Ukulele 11a=Poker 11:30a=Café Lunch 12:30p=Jessica Dorner Nutrition</p>	<p>27</p> <p>9:30a=BRASS Chair Strength 9:30a-1:30p= Oral Health Screenings 10a=Tech Help 11a=Sewing 11a=Virtual Reality 11a=Paint w/Silvia \$2</p>
<p>30</p> <p>9a=AARP Taxes 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p=84 New Mix</p>	<p>31</p> <p>9:30a=Chair Yoga 1 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo</p>			



March 2026 Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Café Lunch served 11:30a to 12:30p Tuesday & Thursday</p> <p>All menus are subject to change</p>	<p style="text-align: right;">3</p> <p>Swiss steak Red skin potatoes Capri vegetables Rye bread Diced peaches</p>		<p style="text-align: right;">5</p> <p>Corn chowder/crx Beef taco meat Fajita vegetables Flour tortilla Seasonal fruit Taco sauce/sour cream</p>	<p style="text-align: center;">Suggested Donation for Seniors \$4.00</p>
	<p style="text-align: right;">10</p> <p>Herbed chicken Confetti brown rice Capri vegetables Rye bread Diced pears</p>		<p style="text-align: right;">12</p> <p>Corned beef/cabbage Red bliss potatoes Glazed carrots Rye bread Fruited Lime Jello Fruit juice</p>	<p style="text-align: center;">PLEASE NOTE Aids & Guests are asked to pay \$9.73 for lunch. That is what the WSC pays New Opp for lunch</p>
	<p style="text-align: right;">17</p> <p style="text-align: center;">St. Patrick's Day Party</p> <p style="text-align: center;"></p>		<p style="text-align: right;">19</p> <p>Black bean soup/crx Picante chicken Plantains Flour tortilla Diced peaches</p>	<p style="text-align: center;">We are unable to use our funding to pay for lunch- es of individuals under the age of 60</p>
	<p style="text-align: right;">24</p> <p>Honey ginger pork Brown rice Broccoli Multigrain bread Cookie Fruit juice</p>		<p style="text-align: right;">26</p> <p>Mixed bean soup/crx Chicken fajitas Fiesta vegetables Flour tortilla Seasonal fruit Taco sauce/sour cream</p>	
	<p style="text-align: right;">31</p> <p style="text-align: center;">To Be Announced</p>	