



July 2024 Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 10a-11:30a=Painting \$2 11a=BRASS Zumba 11a=Setback 12p=Senior Center meeting	2 9:30a=Comm. Health Worker 9:30a=Chair Yoga I 10a=B/P 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	3 9:30a=Stretch/Tone 10a=Massage 11a=BRASS Crochet 12p=Oak St. Lunch & Learn <u>No Brass City Harvest Nutrition</u>	4 CLOSED 4TH of JULY IN OBSERVANCE OF INDEPENDENCE DAY	5 9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11a=Paint w/Silvia
8 10a-11:30a=Painting \$2 11a=BRASS Zumba 11a=Setback 12:30p=Clear Captions	9 9:30a=Comm. Health Worker 9:30a=Chair Yoga I 10a=B/P 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo <u>10a-12:30p=Farmers Market Starts</u>	10 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet	11 10a-11:30a=BRASS Quilting 11a=Poker 11:30a=Café Lunch 12:30p=Wisewoman 12:30p=Drumming 1:15p=Drumming	12 9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11a=Paint w/Silvia 11a=City Mission Grocery Bag
15 10a-11:30a=Painting \$2 11a=BRASS Zumba 11a=Setback 12:30p=J. Dorner Nutrition	16 9:30a=Comm. Health Worker 9:30a=Chair Yoga I 10a=B/P 10a=Farmers Mkt 10:30a=Chair Yoga II 11:30a=Café Lunch 11:30a=Reflexology 12:30p=Bingo	17 9:30a=Stretch/Tone 10a=Massage 10:30a=New Opp Nutrition class 11a=BRASS Crochet <u>No Brass City Harvest Nutrition</u>	18 10a-11:30a=BRASS Quilting 11a=Poker 11:30a=Café Lunch 12:30p=Mandy Dupont Roundtable	19 9:30a=BRASS Chair Strength 10a=Virtual Reality 11a=Paint w/Silvia 11:30a=Franciscan Ever There Care
22 10a-11:30a=Painting \$2 11a=BRASS Zumba 11a=Setback 12:30p=Funny TV Programs	23 9:30a=Comm. Health Worker 9:30a=Chair Yoga I 10a=B/P 10a=Farmers Mkt 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	24 9:30a=Stretch/Tone 10a=BCH Nutrition 10a=Dolce 11a=BRASS Crochet	25 10a-11:30a=BRASS Quilting 11a=Poker 11:30a=Café Lunch 12:30p=Trivia Quiz	26 9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11a=Paint w/Silvia 11:30a=Reiki
29 10a-11:30a=Painting \$2 11a=BRASS Zumba 11a=Setback 11:30a=Dolce	30 9:30a=Comm. Health Worker 9:30a=Chair Yoga I 10a=B/P 10a=Farmers Mkt 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	31 10a=BCH Nutrition 11a=BRASS Crochet 12:30p=Cards & Crafts <u>No Stretch & Tone</u>	Pool Room open 9a-2p ~ Dominoes ~ Computer room open Mon ~ Thurs 9a-2p Wii Bowling Daily-9a	