




NAME:



JANUARY 2025 CALENDAR





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Garnet = January Birthstone </p> <p>Carnation = January Flower </p>		<p>CLOSED FOR NEW YEAR'S DAY</p>	<p>10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 12:30p=Wisewoman</p>	<p>9:30a=BRASS Chair Strength 11a=Computer Class 10a=Tech Help 11a=Paint w/Silvia \$2</p>
<p>10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12p= Sr. Ctr. Meeting Guest=Wby Police</p>	<p>10a=B/P 9:30a=Health Worker 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo</p>	<p>9:30a=Stretch/Tone 10a=BCH Nutrition 11a=Farm Bag 11a=BRASS Crochet</p>	<p>10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 12:30p=Sew w/Jessica</p>	<p>9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11a=City Mission Grocery Bag 11a=Paint w/Silvia \$2 11:30a=Reflexology</p>
<p>10a=BRASS Paint \$2 10a=Drum w/Joyce 11a=BRASS Zumba 11a=Setback 12:30p=Ben Rhodes Social Security</p>	<p>10a=B/P 9:30a=Health Worker 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo</p>	<p>9:30a=Stretch/Tone 10a=BCH Nutrition 10a=Chair Massage 11a=BRASS Crochet 11:30a=Connect PT Lunch & Learn</p>	<p>10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 12:30p=Drum Demo 12:30p=Mandy Dupont Roundtable</p>	<p>9:30a=BRASS Chair Strength 9:30a=AARP Driver 11a=Computer Class 10a=Tech Help 11a=Paint w/Silvia \$2</p>
<p>CLOSED</p>  <p>Martin Luther King Jr.</p>	<p>10a=B/P 9:30a=Health Worker 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo</p>	<p>9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 11a=Connect Balance Screenings</p>	<p>10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch w/Chorus 12:30p=Sew w/Jessica 12:30p=Trivia</p>	<p>9:30a=BRASS Chair Strength 11a=VR 10a=Tech Help 11a=Paint w/Silvia \$2 11:30a=Reiki w/Amy</p>
<p>10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p=Jessica Dorner Nutrition</p>	<p>10a=B/P 9:30a=Health Worker 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo 9:30a-12:30=SBL Books</p>	<p>9:30a=Stretch/Tone 9:30a=Wii Away Game Torrington 10a=BCH Nutrition 11a=BRASS Crochet 12:30p=Cards & Crafts</p>	<p>10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch</p>	<p>9:30a=BRASS Chair Strength 11a=Computer Class 10a=Tech Help 11a=Paint w/Silvia \$2</p>



JANUARY 2025 MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Café Lunch served 11:30a to 12:30p Tuesday & Thursday</p> <p>All menus are subject to change</p>		 <p>NEW YEAR'S DAY</p>	<p>2</p> <p>Cream of Tomato soup/crx Macaroni & Cheese Pinto beans Wheat dinner roll Diced peaches</p>	<p>Suggested Donation for Seniors \$4.00</p>
	<p>7</p> <p>Sweet & sour chicken Confetti brown rice Broccoli Wheat bread Pineapple tidbits</p>		<p>9</p> <p>Florentine soup Tomato basil chicken Garlic parmesan orzo Italian bread Fresh fruit</p>	<p>PLEASE NOTE Aids & Guests are asked to pay \$8.14 for lunch. That is what the WSC pays New Opp for lunch</p>
	<p>14</p> <p>Honey mustard pork Baked pinto beans Cabbage Wheat bread Brownie Fruit juice</p>		<p>16</p> <p>BBQ chicken Cheesey whipped po- tatoes Corn, tomatoes, okra Wheat bread Oatmeal cookie Fruit juice</p>	<p>We are unable to use our funding to pay for lunch- es of individuals under the age of 60</p>
<p>CLOSED</p> 	<p>21</p> <p>Beef/Chicken meat- balls Bowtie pasta/sauce Tossed salad/ranch Wheat bread Fresh fruit</p>		<p>23</p> <p>Cream of Broccoli soup/crx Hamburger/bun American cheese Fries/ketchup Fresh fruit</p>	
	<p>28</p> <p>Baked ziti Tossed salad Carrots Italian bread Pineapple tidbits</p>		<p>30</p> <p>Black bean soup Beef taco meat/sauce Spanish rice Flour tortilla Fresh fruit</p>	