

NAME:



# JUNE 2026 Calendar



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p> <p>10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback <b>12p=Senior Ctr Mtg- New Britain Elderly Services; Always Best Care</b></p>	<p><b>2</b></p> <p>9:30a=Chair Yoga 1 9:30a=Comm Health Worker 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo</p>	<p><b>3</b></p> <p>9:30a=Stretch/Tone 10a=BCH Nutrition <b>11a=Drum w/Debra</b> 11a=Brass Crochet <b>12:30p-2p=Monitor My Health (13)</b></p>	<p><b>4</b></p> <p>9:30a=Chorus 10:30a=Ukulele 11a=Poker 11:30a=Café Lunch <b>12:30p=Wisdom Years</b></p> <p><b>No BRASS Quilting</b></p>	<p><b>5</b></p> <p>9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11a=Sewing 11a=Paint w/Silvia \$2 11a=Spades</p>
<p><b>8</b></p> <p>10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback <b>12:30p=Eye Health Lyons Club Lunch &amp; Learn</b></p>	<p><b>9</b></p> <p>9:30a=Chair Yoga 1 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo</p>	<p><b>10</b></p> <p><b>9a=WCAAA</b> 9:30a=Stretch/Tone 10a=BCH Nutrition <b>11a=Drum w/Debra</b> 11a=Brass Crochet <b>12:30p-2p=Monitor My Health (14)</b></p>	<p><b>11</b></p> <p>9:30a=Chorus 10a=BRASS Quilting 10:30a=Ukulele 11a=Poker 11:30a=Café Lunch <b>12:30p=What I need to Know About Electric Choices</b></p>	<p><b>12</b></p> <p>9:30a=BRASS Chair Strength 10a=Tech Help <b>11a=City Mission</b> 11a=Computer Class 11a=Paint w/Silvia \$2 11a=Spades</p> <p><b>No Sewing</b></p>
<p><b>15</b></p> <p>10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback</p> <p><b>CLOSING AT 12:00PM</b></p>	<p><b>16</b></p> <p>9:30a=Chair Yoga 1 10a=B/P <b>10a-1p=Mobile Health Clinic</b> 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 <b>11:30p=Reflexology</b> 12:30p=Bingo</p>	<p><b>17</b></p> <p><b>12p=Dr. Pamela Jones Juneteenth Celebration \$5/pp</b></p> <p><b>No Activities</b></p> 	<p><b>18</b></p> <p>9:30a=Chorus 10a=BRASS Quilting 10:30a=Ukulele 11a=Poker 11:30a=Café Lunch <b>12:30p=Mandy Dupont Sign-up</b> <b>12:30p=Senior Dine</b></p>	<p><b>19</b></p> <div style="border: 1px solid black; padding: 5px; text-align: center;"> <p>We will be</p> <p><b>CLOSED</b></p> <p>June 19th</p> <p>In observance of</p> <p><b>Juneteenth</b></p>  </div>
<p><b>22</b></p> <p>10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback <b>12:30p=City Health Coach Estevan Miranda-Reading Labels</b></p>	<p><b>23</b></p> <p>9:30a=Chair Yoga 1 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo</p>	<p><b>24</b></p> <p>9:30a=Stretch/Tone 10a=BCH Nutrition <b>10a=Dolce/\$5=There</b> 11a=BRASS Crochet <b>11a=Drum w/Debra</b> <b>12:30p-2p=Monitor My Health (15)</b></p>	<p><b>25</b></p> <p>9:30a=Chorus 10a=BRASS Quilting 10:30a=Ukulele 11a=Poker 11:30a=Café Lunch <b>12:30p=Laugh w/Nurse Nancy</b></p>	<p><b>26</b></p> <p><b>9a-11a=Swim at Hamilton Park Pool</b> 9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11a=Paint w/Silvia \$2 11a=Sewing 11a=Spades <b>11:30=Reiki</b></p>
<p><b>29</b></p> <p>10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback <b>12:30p=American Senior Benefits Lunch &amp; Learn</b></p>	<p><b>30</b></p> <p>9:30a=Chair Yoga 1 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo</p>	  		



# June 2026 Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Café Lunch served 11:30a to 12:30p Tuesday &amp; Thursday</b></p> <p><b>All menus are subject to change</b></p>	<p><b>2</b></p> <p>Korean BBQ Chicken Confetti brown rice Carrots Wheat bread Cookie Fruit juice</p>		<p><b>4</b></p> <p>Cream of Mushroom soup/crx Chicken Alfredo Green peas Italian bread Diced pears</p>	<p><b>Suggested Donation for Seniors \$4.00</b></p>
	<p><b>9</b></p> <p>Beef Burgundy Bowtie pasta Cabbage w/carrots WG dinner roll Tropical fruit</p>		<p><b>11</b></p> <p>Lentil soup/crx BBQ shredded pork Sautéed mixed greens WG hamburger bun Cookie Fruit juice</p>	<p><b>PLEASE NOTE</b> Aids &amp; Guests are asked to pay <b>\$9.73</b> for lunch. That is what the WSC pays New Opp for lunch</p>
	<p><b>16</b></p> <p>Beef/chicken chili garlic meatballs Brown rice Green beans White bread Fruit</p>		<p><b>18</b></p> <p><u>Father's Day Special</u> Italian sausage w/bun &amp; mustard Corn Coleslaw Cookie Fruit juice</p>	<p><b>We are unable to use our funding to pay for lunches of individuals under the age of 60</b></p>
	<p><b>23</b></p> <p>Lemon chicken Garlic red pepper WG penne Tossed salad/Italian dressing WG dinner roll Cookie Fruit juice</p>		<p><b>25</b></p> <p>Corn chowder/crx Hamburger patty w/ bun, ketchup, mustard Swiss cheese Oven roasted potatoes Fresh fruit</p>	
	<p><b>30</b></p> <p>Beef stir fry Brown rice Broccoli Rye bread Mixed fruit</p>			