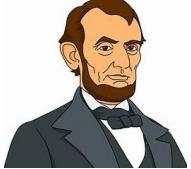**NAME:**

February 2026 Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9a=AARP Taxes 10a=BRASS Paint $2 11a=BRASS Zumba 11a=Setback *12p=Sr. Ctr. Meeting. Guests: Caption Call*	**3** 9:30a=Chair Yoga 1 *9:30a=Comm. Health Worker* 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo	**4** 9:30a=Stretch/Tone 10a=BCH Nutrition **11a Pop Up Drum w/ Deb** **No Crochet**	**5** 10a=BRASS Quilting 10a=Chorus 11a=Ukulele 11a=Poker 11:30a=Café Lunch *12:30p=Wisdom Years*	**6** 9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11a=Paint w/Silvia $2 **12p=Planning the Next Chapter**
9 9a=AARP Taxes 10a=BRASS Paint $2 11a=BRASS Zumba 11a=Setback *12:30p=City Health Coach-Cholesterol*	**10** 9:30a=Chair Yoga 1 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo	**11** 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet **12p=Craft w/Lindsey**	**12** 10a=BRASS Quilting 10a=Chorus 11a=Ukulele 11a=Poker 11:30a=Café Lunch	**13** **Valentine's Day Party 11a to 1pm $5 pp NO ACTIVITIES**
16 *CLOSED* 	**17** *CLOSED* 	**18** 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet	**19** 10a=BRASS Quilting 10a=Chorus 11a=Ukulele 11a=Poker **11:30a=Structural Heart Lunch & Learn** *12:30p=Senior Dine Sign-up*	**20** 9:30a=BRASS Chair Strength **10a=Vets Coffee Hour** 10a=Tech Help 11a=Computer Class 11a=Paint w/Silvia $2 **11a=City Mission 11:30a=Reiki**
23 9a=AARP Taxes 10a=BRASS Paint $2 11a=BRASS Zumba 11a=Setback **12:30p=AmeriCorps/ Healthy Communities**	**24** 9:30a=Chair Yoga 1 10a=B/P 10:30a=Chair Yoga 2 11:30a=Café Lunch 11:30a=Chair Yoga 3 12:30p=Bingo	**25** 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet	**26** 10a=BRASS Quilting 10a=Chorus 11a=Ukulele 11a=Poker 11:30a=Café Lunch **12:30p=Jessica Dorner Nutrition-Healthy Heart**	**27** 9:30a=BRASS Chair Strength 10a=Tech Help 11a=Virtual Reality 11a=Paint w/Silvia $2 11:30a=Reflexology **12p=Patty Griffin - Medium**

February 2026 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Café Lunch served 11:30a to 12:30p Tuesday & Thursday **All menus are subject to change**	**3** Northern bean soup/crx Herbed chicken Capri vegetables Rye bread Diced pears		**5** Ancho lime chicken Mixed beans Fiesta vegetables Flour tortilla Pineapple tidbits	**Suggested Donation for Seniors $4.00**
	10 Chili garlic chicken Confetti brown rice Broccoli Rye bread Pineapple tidbits		**12** Meatloaf w/burgundy sauce Scalloped potatoes Green beans Dinner roll Pineapple upside-down cake Fruit juice	**PLEASE NOTE** Aids & Guests are asked to pay **$9.73** for lunch. That is what the WSC pays New Opp for lunch
	17 **CLOSED**		**19** **Structural Heart Lunch & Learn**	**We are unable to use our funding to pay for lunches of individuals under the age of 60**
	24 Hamburger patty w/bun American cheese Fries Coleslaw Ketchup Seasonal Fruit		**26** Potato soup/crx Sliced ham Lima beans Multigrain bread Applesauce	