



AUGUST 2024 CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
Pool Room & Computer room open 9a-2p Dominoes 9a-2p Wii Bowling Daily-9a			10a-11:30a=BRASS Quilting 11a=Poker 11:30a=Café Lunch 12:30p=Wisewoman	9:30a=BRASS Chair Strength 11a=Computer Class 10a=Tech Help 12p=Ice cream social to Thank interns No Paint w/Silvia
5	6	7	8	9
10a-11:30a=Painting \$2 11a=BRASS Zumba 11a=Setback 12p=Sr. Ctr. Meeting	10a=B/P 9:30a=Comm. Health Worker 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	9:30a=Stretch/Tone 10a=BCH Nutrition 10a=Massage 11a=Brass Crochet 12:30p=Tunes & Tapas	10a-11:30a=BRASS Quilting 11a=Poker 11:30a=Café Lunch 12:30p=Mandy Dupont Roundtable 12:30p=Drum 1 1:15p=Drum 2	9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11a=City Mission Grocery Bag 11:30p=Paint w/Silvia
12	13	14	15	16
10a-11:30a=Painting \$2 11a=BRASS Zumba 11a=Setback 12:30p=Healthy Communities/AmeriCare	10a=B/P 9:30a=Comm. Health Worker 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet	10a-11:30a=BRASS Quilting 11a=Poker 11:30a=Café Lunch	9:30a=BRASS Chair Strength 9:30a=AARP 10a=Tech Help 11a=Virtual Reality 11:30p=Paint w/Silvia
19	20	21	22	23
10a-11:30a=Painting \$2 11a=BRASS Zumba 11a=Setback	10a=B/P 9:30a=Comm. Health Worker 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 11:30a=Reflexology 12:30p=Bingo	9:30a=Stretch/Tone 10a=BCH Nutrition 10a=Massage No Crocheting	10a-11:30a=BRASS Quilting 11a=Poker 11:30a=Café Lunch	9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11:30p=Paint w/Silvia
26	27	28	29	30
10a-11:30a=Painting \$2 10a=Oak St. Tech Help 11a=BRASS Zumba 11a=Setback	10a=B/P 9:30a=Comm. Health Worker 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	9:30a=Stretch/Tone 11:30a=Dolce 10a=BCH Nutrition 11a=BRASS Crochet 12:30p=Cards & Crafts	10a-11:30a=BRASS Quilting 11a=Poker 11:30a=Café Lunch 12:30p=Trivia	9:30a=BRASS Chair Strength 10a=Tech Help 11a=Computer Class 11:30p=Paint w/Silvia 11:30a=Reiki