

NAME:

APRIL 2025 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
Wii Bowling daily starting at 9am	10a=B/P 9:30a=Health Worker 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	9:30a=Stretch/Tone 10a=BCH Nutrition 10a=Chair Massage 11a=BRASS Crochet 12:30p=Sewing 1p=Tai Chi (3 Of 8)	10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 11a-1p=Caricature Artist	9:30a=BRASS Chair Strength 11a=Computer Class 10a=Tech Help 11a=Paint w/Silvia \$2
7	8	9	10	11
9a=AARP Taxes 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12p=Sr Ctr Meeting <i>Guest=Horizon Homemaker, W.I.S.E.</i>	9a=AARP Taxes 10a=B/P 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 11a=Farm Bag 1p=Tai Chi (4 Of 8) <i>No Sewing</i>	11a-1p=ART SHOW <i>No Activities</i> Doors Open at 11am 	9:30a=BRASS Chair Strength 11a=Computer Class 10a=Tech Help 11a=City Mission Grocery Bag 11a=Paint w/Silvia \$2
14	15	16	17	18
9a=AARP Taxes 10a=BRASS Paint \$2 10:30a=Drumming 11a=BRASS Zumba 11a=Setback 12:30p=Jess Dorner Nutrition	10a=B/P 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 11:30a=Reflexology 12:30p=Bingo	9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 12:30p=Cookie Jar 1p=Tai Chi (5 Of 8) <i>No Sewing</i>	10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 11:30a=Reiki 12:30p=Mandy Dupont	
21	22	23	24	25
10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p=Italian Heritage	10a=B/P 9:30a=Chair Yoga I 9:30a=SB Library 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 11:30p=Elara Caring Lunch & Learn 12:30p=Sewing <i>No Tai Chi</i>	10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 12:30p=BarRated Trivia	9:30a=BRASS Chair Strength 11a=Virtual Reality 10a=Tech Help 11a=Paint w/Silvia \$2 11:30a-1p=Volunteer Luncheon <i>By Invite Only</i>
28	29	30		
10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p=Stroke Risk Lunch & Learn	10a=B/P 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	9:30a=Stretch/Tone 10a=Dolce 10a=BCH Nutrition 11a=BRASS Crochet 12:30p=Sewing 1p=Tai Chi (6 Of 8)		



APRIL 2025 MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Café Lunch served 11:30a to 12:30p Tuesday & Thursday</p> <p>All menus are subject to change</p>	<p style="text-align: right;">1</p> <p>Bowtie noodles w/ sauce Meatballs Tossed salad/Ranch Wheat bread Fresh fruit</p>		<p style="text-align: right;">3</p> <p>Cream of broccoli soup Hamburger/bun American cheese Fries/ketchup Fresh fruit</p>	<p style="text-align: center;">Suggested Donation for Seniors \$4.00</p>
	<p style="text-align: right;">8</p> <p>Roasted chicken Scalloped potatoes Tossed salad/Italian dressing Rye bread Applesauce</p>		<p style="text-align: right;">10</p> <p style="text-align: center;"><u>Art Show</u> Hors d'oeuvres Sparkling juice</p>	<p style="text-align: center;"><u>PLEASE NOTE</u> Aids & Guests are asked to pay \$8.14 for lunch. That is what the WSC pays New Opp for lunch</p>
	<p style="text-align: right;">15</p> <p>Maple mustard pork Baked sweet potato Tossed salad/Ranch dressing Wheat bread Applesauce</p>		<p style="text-align: right;">17</p> <p style="text-align: center;"><u>Easter Special</u> Roasted ham Au Gratin potatoes Green peas Wheat bread Lemon pudding Fruit juice</p>	<p style="text-align: center;">We are unable to use our funding to pay for lunch- es of individuals under the age of 60</p>
	<p style="text-align: right;">22</p> <p>Beef stir fry Brown rice Broccoli Wheat bread Mandarin oranges</p>		<p style="text-align: right;">24</p> <p>Cream of tomato soup Turkey Primavera Penne pasta Italian bread Cookie Fruit juice</p>	
	<p style="text-align: right;">29</p> <p>Chicken Parmesan Penne pasta Tossed salad White bread Cookie Fruit juice</p>			