

NAME:



MAY 2025 CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wii Bowling daily starting at 9am			1 10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 12:30p=Wisewoman	2 9:30a=Catholic Academy 11a=Computer Class 10a=Tech Help 11a=Paint w/Silvia \$2 No Chair Strength
5 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12p=Sr Ctr Meeting Guest=M. D'Elia-NW Reg. Mobility Mngr	6 9:30a=Health Worker 9:30a=Chair Yoga I 10a=B/P 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	7 9:30a=Stretch/Tone 10a=BCH Nutrition 12p-2p=Enchanted Tea Cup Garden \$2 1p=Tai Chi (7 Of 8) <u>No Crochet</u> <u>No Sewing</u>	8 10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 11:30a=Police Station & Lunch	9 9:30a=BRASS Chair Strength 11a=Computer Class 10a=Tech Help 11a=City Mission Grocery Bag 11a=Paint w/Silvia \$2
12 10a=BRASS Paint \$2 10:30a=Drumming 11a=BRASS Zumba 11a=Setback	13 10a=B/P 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	14 9a=Wii to Bristol 9:30a=WCAAA Benefits Counseling 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 12:30p=Sewing (1 Of 6) 1p=Tai Chi (8 Of 8)	15 10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 12:30p=Sr Dine Signup	16 9:30a=BRASS Chair Strength 9:30a=AARP Driver 10a=Tech Help 10a-12p=Shred Event 11a=Computer Class 11a=Paint w/Silvia \$2
19 10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback 12:30p=Lions Low Vision Lunch & Learn	20 10a=B/P 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 11:30a=Reflexology 12:30p=Bingo	21 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 11:30a=Ballroom Dancing-Waltz 12:30p=Sewing (2 Of 6)	22 10a=Dolce 10a=Chorus 11a=Poker 11:30a=Café Lunch 11:30a=Reiki No Quilting	23 9:30a=BRASS Chair Strength 11a=Virtual Reality 10a=Tech Help 11a=Paint w/Silvia \$2 12p=Henna Artist & Belly Dancer
26 	27 10a=B/P 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	28 8a=Bus leaves for Foxwoods Casino 9:30a=Stretch/Tone 10a=BCH Nutrition 11a=BRASS Crochet 12:30p=Sewing (3 of 6)	29 10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch 12:30p=What I Need to Know About Electric Choices	30 9:30a=BRASS Chair Strength 11a=Computer Class 10a=Tech Help 11a=Paint w/Silvia \$2 12p=Jessica Dorner Nutrition



MAY 2025 MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Café Lunch served 11:30a to 12:30p Tuesday & Thursday</p> <p>All menus are subject to change</p>			<p>¹</p> <p>Cheese ravioli w/pesto cream sauce Green peas Capri vegetables Dinner roll Pineapple tidbits</p>	<p>Suggested Donation for Seniors \$4.00</p>
	<p>⁶</p> <p>Beef Jardiniere Whipped potatoes Cabbage Dinner roll Applesauce</p>		<p>⁸</p> <p>Vegetable soup w/crx Marsala chicken thigh Penne pasta Wheat bread Mandarin oranges</p>	<p><u>PLEASE NOTE</u> Aids & Guests are asked to pay \$8.14 for lunch. That is what the WSC pays New Opp for lunch</p>
	<p>¹³</p> <p>Roasted chicken leg quarter Scalloped potatoes Tossed salad/Italian dressing Rye bread Applesauce</p>		<p>¹⁵</p> <p>Beef/chix meatballs & steakhouse sauce Bowtie pasta Cabbage Wheat bread Pineapple tidbits</p>	<p>We are unable to use our funding to pay for lunch- es of individuals under the age of 60</p>
	<p>²⁰</p> <p>Maple mustard pork Baked sweet potato Tossed salad w/Ranch dressing Wheat bread Applesauce</p>		<p>²²</p> <p>Hamburger patty w/ bun & Swiss cheese Oven roasted potatoes Carrots Cookie Fruit juice</p>	
	<p>²⁷</p> <p>Beef stir fry Brown rice Broccoli Wheat bread Mandarin oranges</p>		<p>²⁹</p> <p>Cream tomato soup w/ crx Turkey Primavera Penne pasta Italian bread Fruit juice</p>	