





NAME:




# FEBRUARY 2025 CALENDAR



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback <u>11a=Black Hist tix (\$20)</u> 12p= Sr Ctr Meeting Guest=Hamilton Relay, City Assessor & Albana, City Community Development	10a=B/P 9:30a=Health Worker 9:30a=Chair Yoga I <u>10a-11:30a=WTBY Community surveys</u> 10:30a=Chair Yoga II <u>10:30a=Black Hist tix(\$20)</u> 11:30a=Café Lunch 12:30p=Bingo	9:30a=Stretch/Tone 10a=BCH Nutrition <u>10a=Chair Massage</u> 11a=BRASS Crochet <u>12:30p=Sewing</u>	10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch <u>12:30p=Wisewoman</u> <u>12:30p=Senior Dine</u>	9:30a=BRASS Chair Strength 11a=Computer Class 10a=Tech Help <u>11a=City Mission Grocery Bag</u> <u>11:30a=Reflexology</u> 11a=Paint w/Silvia \$2
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
10a=BRASS Paint \$2 <u>10a=Drumming</u> 11a=BRASS Zumba 11a=Setback	10a=B/P 9:30a=Chair Yoga I 10:30a=Chair Yoga II <u>10:30a=Black Hist tix(\$20)</u> 11:30a=Café Lunch 12:30p=Bingo	9:30a=Stretch/Tone 10a=BCH Nutrition <u>11a=Farm Bag</u> <u>12:30p=Sewing</u>  <u>No Crocheting</u>	10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch <u>12:30p=Mandy Dupont</u>	No Activities \$5/per person pre-paid Party 11a-1p  
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
CLOSED  	CLOSED  	8a=Wii Bowling at Rocky Hill 9:30a=Stretch/Tone <u>9:30a-12:30p=WCAA Benefits Counseling</u> 10a=BCH Nutrition 11a=BRASS Crochet <u>No Sewing</u>	10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch <u>11:30a=Reiki</u> <u>12:30p=Microgreens</u>	9:30a=BRASS Chair Strength 11a=Computer Class 10a=Tech Help 11a=Paint w/Silvia \$2
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
10a=BRASS Paint \$2 11a=BRASS Zumba 11a=Setback <u>12:30p=Americorps</u>	10a=B/P 9:30a=Chair Yoga I 10:30a=Chair Yoga II 11:30a=Café Lunch 12:30p=Bingo	9:30a=Stretch/Tone 10a=BCH Nutrition <u>10a=Dolce</u> 11a=BRASS Crochet <u>12p= Colorful Brush</u> <u>12:30p=Sewing</u>	10a=BRASS Quilting 10a=Chorus 11a=Poker 11:30a=Café Lunch	No Activities 11a to 2p \$20/pp  
Wii Bowling daily starting at 9am.				

# FEBRUARY 2025 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Café Lunch served 11:30a to 12:30p Tuesday &amp; Thursday</b></p> <p><b>All menus are subject to change</b></p>	<p>4</p> <p>Herbed chicken Mac &amp; cheese Coleslaw Rye bread Diced pears</p>		<p>6</p> <p>Split pea soup/crx Meatloaf w/gravy Whipped potatoes Dinner roll Fresh fruit</p>	<p><b>Suggested Donation for Seniors \$4.00</b></p>
	<p>11</p> <p>Sweet &amp; sour chicken Confetti brown rice Broccoli Wheat bread Pineapple tidbits</p>		<p>13</p> <p>Florentine soup/crx Tomato basil chicken Garlic parmesan orzo Italian bread Fresh fruit</p>	<p><b>PLEASE NOTE</b> Aids &amp; Guests are asked to pay \$8.14 for lunch. That is what the WSC pays New Opp for lunch</p>
	<p>18</p> <p><u>CLOSED</u></p> 		<p>20</p> <p>Turkey chili Corn O'Brien Mixed greens Corn bread muffin Diced pears</p>	<p>We are unable to use our funding to pay for lunches of individuals under the age of 60</p>
	<p>25</p> <p>Bowtie pasta/sauce Meatballs Tossed salad/ranch Wheat bread Fresh fruit</p>		<p>27</p> <p>Cream of Broccoli soup/crx Hamburger/bun American cheese Fries/ketchup Fresh fruit</p>	