



WATERBURY SENIOR CENTER



February 2023 Newsletter

Address: 1985 East Main Street, Waterbury, CT 06705

Phone number: 203-574-6746 Fax number: 203-574-8636

Hours of Operation: Monday thru Friday 9:00 a.m. ~ 2:00 p.m.

seniorcenter1985



Waterbury Senior Center



Valentine's Day Party Tuesday, Feb. 14, 2023

11am to 1pm

Menu: *Roast Beef*

Entertainment: *Brass City Singers,
Sheri Ziccardi*

*(Entertainment sponsored by Comfort
Keepers & Kind Care of Bristol)*

Dress: *Red or Pink*

~ Please Sign Up ~

Senior Center Meeting

Mon, Feb 6, 2023 ~ 12:00pm

Guest: Tax Assessor's Office



BLACK HISTORY MONTH CELEBRATION



Please join us for our annual Black History
Month celebration

Friday, Feb 24, 2023 ~ 11a to 2p

\$15/per person due upon sign up

Chicken, Ham, Collard Greens, String Beans,
Mac & Cheese, Candied Yams

Speakers, Brass City Singers, \$5 Raffle & Door
prizes

Please Sign Up with Gladys Douglas:

Mon, Feb 6 after Senior Center meeting

Wed, Feb 8 & 15 1:30p to 2p

Trivia Quiz

Thurs, Feb 23 at 12:30p

~ Please Sign Up ~



February Is . . . Month

Fasting
Children's Dental Health
Cherry
Heart Health
Black History
Low Vision Awareness
American Heart
Marijuana Awareness
Relationship Awareness
National Cancer Prevention
National Care About Indoor Air
Senior Independence
Spunky Old Broads
Wise Health Consumer
Therapeutic Recreation
Canned Food
Creative Romance
Great American Pie
National Grapefruit
National Weddings



Happy Birthday to our February Babies!

~ PLEASE NOTE ~

Blood Pressure is now at 10:00am

We Will be
CLOSED

Mon, Feb 20, 2023

&

Tues, Feb 21, 2023



In case of inclement
weather:



Please Watch Channel 3,
listen to WATR 1320 AM radio or go to the
Senior Center Facebook page

FARM BAG FEB. 15, 2023 Only

Fitness Fury "Swing Into Health" is now
Fitness Fury "Chair Strength"
and is now at 9:30am



Dolce Haircuts

Thurs, Feb 16
10am-11am

~ Please sign up ~



Mandy DuPont 's Roundtable

Topic: Showing Kindness

Thurs, Feb 16 - 12:30p

~ Please Sign Up ~



Reiki with Amy

Sign up for a private 20 minute Reiki session with Amy. \$20.

Thurs, Feb 23 ~ 11:30a
to 2p



Reflexology with Kim

By Appointment Only

Fri, Feb 10 11:30a
20 minutes for \$20



~ Please Note ~

February Reflexology will be on Friday,
February 10th ONLY

Bereavement

We've all lost someone close to us; a parent, spouse, child or friend. How do you deal with the pain & grief? How do you move beyond?

Please join Trinity Health of New England Hospice Care on **Friday, Feb 17 at 12:30pm** if you are grieving or if you know someone who is.

~ Light Snacks ~ ~ Please Sign Up ~



BRASS Computer Class

Fridays, Feb. 3, 10 & 17 at 11am

2/3 Topic = Computer Basics

2/10 Topic = Websites for Seniors pt 1

2/17 Topic = Websites for Seniors pt 2

~ Please Sign Up ~



BRASS Tech Help

Mondays in February ~ 10:00a to 11:00a

~ Please Sign Up ~

B.R.A.S.S.



Join the Mattatuck Museum as it presents:

BRASS Bingo

Bingo with a Trivia Twist!

Wed., Feb 15th ~ 12p to 1p
At the Mattatuck Museum
144 West Main St.

\$3.00 for BRASS members

Call: 203-574-6746
To sign up



It's Tax Time!



AARP will be here

Mondays only, starting

Monday February 6

PLEASE CALL to make your
45 minute appointment

203-574-6746



Silas Bronson Library
Something for Everyone.

PLEASE CONTACT THE SILAS BRONSON:

- WI-FI HOTSPOTS AT HOME
- CHROME BOOKS AND TABLETS
- ONE-ON-ONE COMPUTER HELP

By Appointment

203-574-8225, bronsonlibrary.org/programs

- HOME DELIVERY SERVICE

bronsonlibrary.org/homedelivery. email bronsonlibrary@waterburyct.org

DONATIONS

If anyone would like to donate to the senior center, we are in need of:

Wrapped Snacks ... Thank you!

We have received:

- Thread
- Flatware
- Personal care products
- Coffee/Decafe
- Snacks
- Bread & Rolls
- Cash
- Quilt tops
- Art supplies



Colorful.Fun.Dedicated.Honest.Confident.



Lunch & Learn
Wed., Feb 8, 2023 - 12:00pm



- ◆ Hearing aid battery check
- ◆ Hearing aid cleanings
- ◆ Otoscopy exams to check the external auditory canal of the ear



~ Please Sign Up ~



Amethyst: Birthstone for February

Violets: Flower for February



“February - the month of love..?! No wonder it's the shortest one in the calendar.” — Dinesh Kumar Biran

DOMINOES

Dominoes can be played daily in the Pool Room, from 9am to 2pm. Just ask the office for the Domino tiles.



In Memoriam



Christine DeCristani



BRASS Chorus Group
“Everybody Can Sing”!



Thursdays. 10am to 11am

New Singers Welcomed Feb. 2 & 9

~ Please Sign Up ~

All Events Subject to Change



HOME OWNERS, DISABLED & VETERANS PROPERTY TAX CREDIT



ELDERLY

THERE ARE CERTAIN EXEMPTIONS THAT MAY BE DEDUCTED FROM YOUR ASSESSMENT FOR A REDUCTION IN TAXES. THESE EXEMPTIONS ARE APPLIED TO THE REAL ESTATE ASSESSMENTS FIRST. IF THE TAXPAYER DOES NOT OWN REAL ESTATE, THEN THE EXEMPTION IS APPLIED TO THE MOTOR VEHICLE ASSESSMENT. The filing period to complete an application is **FEB 1 thru MAY 15 2023**. Income guidelines are **\$40,300** for a single household and **\$49,100** for a married household. **ELDERLY MUST BE 65 YEARS OF AGE (OR OLDER) BY DECEMBER 31ST PRIOR TO APPLICATION.** TO APPLY FOR THIS PROGRAM, YOU MUST COME TO THE ASSESSOR'S OFFICE WITH YOUR FEDERAL INCOME TAX RETURN IF YOU STILL FILE, AND/OR ALL PRIOR YEAR TOTAL INCOME DOCUMENTS. THIS EXEMPTION HAS TO BE REAPPLIED FOR EVERY TWO YEARS.

VETERANS

VETS CAN RECEIVE AN EXEMPTION IF THEIR DD214 (MILITARY DISCHARGE FORM) IS RECORDED AT THE TOWN CLERK'S OFFICE AND THEY SERVED A MINIMUM OF 90 DAYS ACTIVE DUTY DURING WARTIME. THE DD214 MUST BE RECORDED PRIOR TO OCTOBER 1 OF ANY YEAR TO BEGIN RECEIVING THE EXEMPTION ON THE NEXT YEAR'S TAX BILL. THE DD214 NEED ONLY BE RECORDED ONCE IN A LIFETIME. DISABLED VETERANS - QUALIFY FOR A HIGHER \$ EXEMPTION THAN NON DISABLED VETS. TO QUALIFY, YOU MUST BRING IN THE BENEFITS PAYMENT STATEMENT ISSUED BY THE DEPARTMENT OF VETERANS AFFAIRS IN SEPTEMBER AND SUBMIT IT TO THE ASSESSOR'S OFFICE BEFORE OCTOBER 1ST. THIS DOES NOT NEED TO BE REAPPLIED FOR, UNLESS THE FEDERAL VETERANS ADMINISTRATION MODIFIES THE VETERAN'S % DISABILITY RATING. TO APPLY, THE VETERAN MUST COME TO THE ASSESSOR'S OFFICE AND BRING ALL PROOFS OF INCOME FOR THE PREVIOUS YEAR. INCOME INCLUDES FEDERAL INCOME TAX RETURN (IF YOU STILL FILE), SOCIAL SECURITY 1099 FORM AND/OR ALL YEAR END INCOME TAX DOCUMENTS. IF YOU QUALIFY, THIS DOUBLES THE VETERAN'S EXEMPTION THAT YOU ALREADY RECEIVE. THIS EXEMPTION HAS TO BE REAPPLIED FOR EVERY TWO YEARS.

DISABILITY EXEMPTION

WILL BE EFFECTIVE ON OCTOBER 1 FOLLOWING THE APPLICANT'S FILING DATE. TO QUALIFY, A PERSON MUST BE 100% DISABLED AND BRING SOCIAL SECURITY AWARD LETTER OR LETTER FROM VETERAN'S ADMINISTRATION. YOU DO NOT HAVE TO APPLY EVERY YEAR. BLIND EXEMPTION - YOU CAN APPLY ANYTIME TO QUALIFY, A PERSON MUST BRING TO THE ASSESSOR'S OFFICE THE CERTIFICATE OF LEGAL BLINDNESS ISSUED BY THE STATE OF CONNECTICUT. YOU CAN APPLY ANYTIME. YOU DO NOT HAVE TO REAPPLY EVERY YEAR.



Did you pay funeral costs after losing someone due to COVID-19?



We may be able to help with funeral assistance.

Learn more at [FEMA.gov](https://www.fema.gov) or call (844) 684-6333 to get started.



COVID-19 FINANCIAL FUNERAL ASSISTANCE

FEDERAL EMERGENCY MANAGEMENT AGENCY FEMA Families who have lost a loved one due to Covid-19: FEMA is offering maximum funeral assistance of up to \$9,000. COVID-19 Funeral Assistance Number 844-684-6333 | TTY: 800-462-7585 FEMA will begin accepting applications April 12, 2021



UPDATED COVID 19 INFORMATION

If you need a COVID19 vaccine or booster, please visit an area pharmacy or popup clinic listed online at: <https://www.waterburyct.org/services/health/covid-19>

For COVID19 vaccination services for the homebound, call: 203-574-6780, ext. 4681.

If you need COVID19 testing, please check the area resources listed online at: <https://www.waterburyct.org/services/health/covid-19>

HOMEBOUND COVID-19 VACCINATION PROGRAM. If you or someone you know is homebound and would like the COVID-19 vaccine, please register for a homebound vaccination by calling: (203) 574-6780 ext. 4681

PROGRAMA DE VACUNACIÓN CONTRA EL COVID-19 EN SU CASA. Si usted o alguien que conoce está confinado en su casa y desea vacunarse contra el COVID-19, regístrese para vacunarse llamando al: (203) 574-6780 ext. 4681



WCAAA Staff and clients have begun reporting messages appearing to be from DSS regarding their EBT card and Renewal. *These messages are scams*, individuals should not call back the number listed on the text message. DSS has not yet started texting client regarding renewals.

Calling the number asks for the caller to enter their card number and PIN in an attempt to steal their benefits.

Messages from DSS will only be sent from the BC Number, 1-855-626-6632, will only direct individuals to www.mydss.ct.gov, and will contain their first name and the last 4 digits of the client id.



Waterbury Senior Center “Housekeeping”

*****You must sign up for all events, classes, trips & parties. ***** Highlight what you want on a calendar, put it in the bin on the wall. We will enter the classes you want into the computer & put the completed calendar in the alphabetized racks in the computer hallway. *****

Masks are optional at the Center.

If you know of any member who has passed away, please let us know.

Remember: No open cups of liquid on the floor; sneakers or athletic shoes for the fitness room

Please be sure all of your information is up to date - if you moved, changed phone numbers, email or your emergency contact, please let us know.

With the exception of milk & bread, Café Lunch food **cannot** be removed from the senior center.

Please be considerate - During classes or presentations, turn off or silence your phone.

Please Note: If you do not attend a class, you do not receive any of the give-a-ways.

Newspapers can be taken home at 2pm, when we close.

Sign Up Requirements: 60+ years of age & a Waterbury resident. Please bring a photo ID with you.

No Saving Seats ... First Come First Served ...

If any of our members are in need of pet food for **their** pets please call Mira 203-574-6746 to sign up

ENERGY ASSISTANCE

Waterbury Senior Center is now accepting applications for the 2022/2023 program. The Connecticut Energy Assistance Program assists eligible households, with heating sources such as oil, natural gas, electricity, propane, kerosene, coal and wood/pellets. **Homeowners and renters may apply.** Eligibility for energy assistance is based on income, liquid assets and size of household. Please bring your latest statement for all bank accounts, CDs, credit union accounts, retirement accounts, stocks, shares and bonds. If you are employed we will require one month's worth of paystubs or if self-employed, we will require your tax return from the previous year. Those with pensions will need to submit a 1099 or letter from the pension company. We will also ask for your Eversource bill, date of births and social security numbers for all that reside in the home. Please call **203-574-6746** to apply for the Energy Assistance Program.



2022-2023 Guidelines Household Size/Gross Income
Family of 1 = \$37,645; Family of 2 = \$49,228










B.R.A.S.S. New Year's Celebration
Mattatuck Museum
Friday, Jan. 13, 2023



FEBRUARY 2023 CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All Events & Activities are Subject to Change		1 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 9:30a=Stretch/Tone 10:30a=BCH Nutrition 11a=Dominoes Lessons NO CROCHET NO FARM BAG	2 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 10a=BRASS Chorus 10a=BRASS Quilting 11a=Poker 11:30a=Café Lunch	3 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 9:30a=BRASS Chair Strength 11a=Computer Class 11a=Dominoes Lessons
6 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 10a=Painting \$2 10a=Tech Help 11a=BRASS Zumba 11a=Setback 12p= Sr. Ctr. Mtg.	7 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 10a=B/P 10a=Chair Yoga 11:30a=Café Lunch 12:30p=Bingo	8 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 9:30a=Stretch/Tone 10:30a=BCH Nutrition 11a=BRASS Crochet 11a=Dominoes Lessons 12p=Belton NO FARM BAG	9 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 10a=BRASS Quilting 10a=BRASS Chorus 11a=Poker 11:30a=Café Lunch	10 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 9:30a=BRASS Chair Strength 11a=Computer Class 11a=Dominoes Lessons 11:30a=Reflexology
13 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 10a=Painting \$2 10a=Tech Help 11a=BRASS Zumba 11a=Setback	14 Valentine's Day Party 11a to 1p NO ACTIVITIES 	15 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 9:30a=Stretch/Tone 10:30a=BCH Nutrition 11a=BRASS Crochet 10a=Farm Bag Pick Up 11a=Dominoes Lessons 12p-1p=BRASS Bingo	16 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 10a=BRASS Quilting 10a=BRASS Chorus 10a=Dolce - \$2 11a=Poker 11:30a=Café Lunch 12:30=Mandy DuPont's Roundtable	17 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 9:30a=BRASS Chair Strength 11a=Computer Class 11a=Dominoes Lessons 12:30p=Bereavement
CLOSED 	CLOSED 	22 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 9:30a=Stretch/Tone 10:30a=BCH Nutrition 11a=BRASS Crochet 11a=Dominoes Lessons NO FARM BAG	23 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 10a=BRASS Quilting 10a=BRASS Chorus 11a=Poker 11:30a=Café Lunch 11:30a=Reiki 12:30p=Trivia Quiz	BLACK HISTORY MONTH CELEBRATION 11a to 2p \$15/pp No Activities BLACK HISTORY MONTH
27 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 10a=Painting \$2 10a=Tech Help 11a=BRASS Zumba 11a=Setback	28 9a=Wii Bowling 9a=Open Computer 9a=Pool Table 10a=B/P 10a=Chair Yoga 11:30a=Café Lunch 12:30p=Bingo			

FEBRUARY 2023 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Café Lunch served 11:30a to 12:30p Tuesday & Thursday</p> <p>All menus are subject to change</p>			<p style="text-align: right;">2</p> <p>Baked chicken adobo Rice & beans Collard greens Dinner roll Fresh Fruit</p>	<p style="color: red; font-weight: bold;">Suggested Donation \$3.50</p>
	<p style="text-align: right;">7</p> <p>Chicken Florentine Bowtie Pasta Green beans Garlic Breadstick Mandarin oranges</p>		<p style="text-align: right;">9</p> <p>Chicken Kiev Mashed potatoes Green beans Dinner roll Red velvet cake Pears</p>	
	<p style="text-align: right;">14</p> <p style="color: purple; font-weight: bold;">Valentine's Day Party</p> <div style="text-align: center;">  </div>		<p style="text-align: right;">16</p> <p>Mexican Pork chop (Chuletas en ajo) Rice/pinto guise Green beans Dinner roll Apple Juice Chocolate chip cookie</p>	
<p style="color: red;">Amethyst, birth- stone for February</p> <div style="text-align: center;">  </div>	<p style="text-align: right;">21</p> <p style="color: purple; font-weight: bold; font-size: 1.5em;">CLOSED</p>		<p style="text-align: right;">23</p> <p>Mexican Chicken Yellow Rice & beans Zucchini Dinner roll Birthday cake</p>	<p style="color: red;">Violets, flower for February</p> <div style="text-align: center;">  </div>
	<p style="text-align: right;">28</p> <p>Cheese-baked Ziti & broccoli Carrots Italian bread Peaches</p>			



Waterbury BRASS is a city-wide project funded by the Connecticut Community Foundation and the City of Waterbury, dedicated to the health and wellness of Waterbury residents age 60 and over.

BRASS Membership Registration
Mail to: Waterbury Senior Center
1985 East Main Street • Waterbury, CT 06705
ATTN: BRASS

Name: _____

Address: _____

Town, Zip Code: _____

Home Phone: _____ Date of Birth: _____ Gender M or F

Cell Phone: _____ Email: _____

Veteran or Spouse of a Veteran Yes No

Race: Caucasian African-American Asian/Pacific Islander Hispanic/Latino Other

Emergency Contact & Relationship: _____

Phone Number: _____

Please circle if you are presently in need of:

Meals Transportation Housing Benefits Information

Name

Signature (client/responsible party)

Date
