



Connecticut Interlocal Risk Management Agency

City of Waterbury Employees: Welcome to CIRMAcare®

The City of Waterbury and the Waterbury Board of Education has partnered with Connecticut Interlocal Risk Management Agency (CIRMA) as the City's Third-Party Administrator for Workers' Compensation effective May 1, 2021.

CIRMA is committed to providing you with access to high-quality, best in class medical care and compassionate claims handling if you are injured at work.

The enclosed City of Waterbury and Waterbury Board of Education's existing Medical Care Plan has been refiled and reapproved by the Connecticut Workers' Compensation Commission for a seamless transition to CIRMA on May 1, 2021.

If you already have an established and approved Workers' Compensation claim and are currently receiving treatment, there are no changes. You should continue your treatment with your established treating provider.

Helpful Tips:

If you are injured at work, you should report your work-related injury to your supervisor immediately. Your supervisor will complete a First-Report-Of-Injury (FROI) and you should follow up for care as soon as possible.

Your initial care medical provider is:
St. Mary's Occupational Health and Diagnostic Center
1312 West Main Street in Waterbury, CT
(203) 709-3740

In the event of a life-threatening emergency or you become injured when the Center is closed you should dial 911 or seek immediate treatment at the closest emergency room or medical facility.

Once your claim is reported, your CIRMA Claim professional will take it from there and work with you every step of the way.



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Frequently Asked Questions

Who administers my workers' compensation claim?

Effective May 1, 2021, CIRMA is the claims administrator for the City of Waterbury and the Waterbury Board of Education. CIRMA will administer all benefits related to your workers' compensation claim.

Contact CIRMA at 203-946-3700 or 1-800-526-1647 if you have any questions.

I was injured at work. What should I do?

- Report the injury immediately to your supervisor
- Seek immediate medical treatment at St. Mary's Occupational Health and Diagnostic Center
- Follow the medical provider's treatment plan and keep your supervisor and CIRMA adjuster apprised of your work status
- If your doctor assigns work restrictions, CIRMA will work with your supervisor to accommodate modified duty transitional work

My medical provider is seeking authorization for medical treatment. What is pre-authorization?

Pre-authorization is a process by which providers request prior approval for medical treatment, diagnostic testing or durable medical equipment prior to care being administered.

Authorization requests can be submitted via fax to CIRMA's Authorization Department at fax number 203-497-2412 or via email at ahotline@ccm-ct.org

How do I obtain prescription medications related to my injury?

CIRMA partners with First Script to provide access to many pharmacies in the state of CT, including but not limited to CVS, Walgreens and Rite Aid.

Using your Workers' Compensation pharmacy benefits card is easy and ensures you don't have to pay any out-of-pocket expenses for an approved claim; simply present your Workers' Compensation prescription drug card to your pharmacy.

Need medication and don't have a card? You can still be reimbursed if your prescription is for a work-related injury or illness that has been accepted by CIRMA. How? Submit a receipt to your CIRMA claim adjuster and your out of pocket cost will be reimbursed directly to you via check.

If you have questions about pharmacy benefits, you may contact First Script at 800-791-2080 or your CIRMA adjuster at 203-946-3700 or 1-800-526-1647.



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What if I need continuing medical treatment?

The City of Waterbury and the Waterbury Board of Education's existing Medical Care Plan has been filed and approved by the Connecticut Workers' Compensation Commission.

If you already have an established and approved Workers' Compensation claim and are currently receiving treatment, there are no changes. You should continue your treatment with your established treating provider.

It is important to note you must select medical providers from those listed and approved in the Medical Care Plan. (Failure to select in network medical providers may delay or jeopardize your right to receive workers' compensation benefits subject to an order from a workers' Compensation Commissioner)

Should your injury require specialty treatment not available in the City's Medical Care Plan, a consultant from an approved list established by the Workers' Compensation Commission may be chosen for your treatment. Your CIRMA adjuster can offer guidance.

I don't agree with the Utilization Review decision regarding my claim. What is the appeal process for disputed medical treatment?

You and/or your medical providers have the right to appeal any decisions made by CIRMA's utilization review program. An appeal can be initiated by calling your adjuster directly or submitting a written request via fax to 203- 497-2412.

We look forward to partnering with the City of Waterbury and Board of Education and providing you with an excellent claims experience during your recovery.

Sincerely,

The CIRMA Claims Team

Easy claim reporting. Compassionate Claim professionals.
The support you need along the way. That's the CIRMA promise.

City of Waterbury and Waterbury Board of Education Medical Network for Workers' Compensation

Emergency care may be obtained at the nearest emergency department or center. For your convenience, the closest emergency department to your primary place of employment is:

Occupational Health / Walk in Medical Center		
<p>Saint Mary's Occupational Health and Diagnostic Center 1312 West Main Street Waterbury, CT 06708 (203) 709-3740</p>		
Emergency Care		
<p>Saint Mary's Hospital 56 Franklin Street Waterbury, CT 06706 (203) 709-6000</p>	<p>Waterbury Hospital 64 Robbins Street Waterbury, CT 06721 (203) 573-6000</p>	
General Surgery		
<p>Trinity Health of New England 590 Middlebury Rd, Ste A Middlebury, CT 06762 (203)709-3572 Macaron, Shady, MD</p>	<p>Alliance Medical Group Surgery 1625 Straits Turnpike, Suite 200 Middlebury, CT 06762 (203) 568-2929 Knight, David MD Shetty, Jayakara MD</p>	<p>Middlebury Surgical, LLC 687 Straits Turnpike Suite 2A Middlebury, CT 06762 (203) 598-0235 Tripodi, Guisepe MD</p>
Hand Surgery		
<p>Active Orthopaedics, PC Turnpike Office Park 1579 Straits Turnpike Middlebury, CT 06762 (203) 758-1272 Carlson, Erik J. MD</p> <p>Neurosurgery, Orthopaedics & Spine Specialists, PC (NOSS) 500 Chase Parkway Waterbury, CT 06708 (800) 463-8764 Manzo, Richard MD</p>	<p>Orthopedic Associates of Hartford PC 499 Farmington Avenue, Suite 300 Farmington, CT 06032 (860) 549-3210 Bontempo, Nicholas MD Burton, Kevin MD Caputo, Andrew MD</p>	

Neurology

Associated Neurologists, PC
 1389 West Main Street Tower 1, Suite 212
 Waterbury, CT 06706
 (203) 755-7367
Culligan, Neil MD
Grecco, David MD
Markind, Samuel MD

Neurological Specialists, P.C.
 99 Hawley Lane
 Stratford, CT 06614
 (203) 377-5988
Barasch, Philip M., MD
Beck, Lawrence, MD
Butler, James B., MD
Webb, Lisa B., MD

Neurosurgery

Hartford HealthCare Medical Group
 1781 Highland Avenue
 Suite 106
 Cheshire, CT 06410
 (203) 271-2120
Bauman, Joel MD

HHC Physicians Care, Inc.
 85 Barnes Road
 Wallingford, CT 06492
 (860) 696-2290
Bauman, Joel MD

Neurosurgery, Orthopaedics & Spine Specialists, PC (NOSS)
 500 Chase Parkway
 Waterbury, CT 06708
 (203) 755-6677
Forshaw, David MD
Strugar, John MD
Waitze, Alan MD
Karnasiewicz, Michael MD
Mushaweh, Jarob MD

Neurosurgery, Orthopaedics & Spine Specialists, PC (NOSS)
 330 Bridgeport Avenue
 Shelton, CT 06484
 (203) 755-6677
Gorelick, Judith MD

Orthopedic Associates of Hartford
 499 Farmington Avenue, Ste 300
 Farmington, CT 06032
 (860) 549-3210
Lange, Stephan, MD

Ophthalmology

Eye Center - A Medical & Surgical Group, PC
 415 Highland Avenue
 Cheshire, CT 06410
 (203) 272-5494
Swan, Andrew MD
Marks, Peter MD
Murphy, James MD
Masi, Paul MD

Eye Center - A Medical & Surgical Group, PC
 2880 Old Dixwell Avenue
 Hamden, CT 06518
 (203) 248-6365
Swan, Andrew, MD
Marks, Peter, MD
Murphy, James, MD
Masi, Paul, MD

ReFocus Eye Health
 87 Grandview Avenue
 Waterbury, CT 06708
 (203) 574-2020
Kalbag, Neal MD
Tannenbaum, Mark MD
Wandel, Erica MD
Tsang, Alexander MD

The Eye Care Group
 1201 W. Main Street, Ste 100
 Waterbury, CT 06708
 (203)597-9100
Peter Branden, MD
Stephanie L. Sugin, MD
Yanina Kostina, MD
Joel A. Geffin, MD
Jonathan E. Silbert, MD
Cynthia Guzman Covey, MD
Danielle S. Rudich, MD
Steven C. Thorquist, MD
Nhu-Y T. Dao, MD
Alexander T. Nguyen, MD
Laura Andrews, MD

Orthopedics

<p>Active Orthopaedics, PC Turnpike Office Park 1579 Straits Turnpike Middlebury, CT 06762 (203)758-1272 Carlson, Erik J. MD Kaplan, Michael MD</p> <p>CT Spine and Disc Institute 1579 Straits Turnpike, #B1 Middlebury, CT 06762 (203) 758-2003 Raftery, Charles MD</p> <p>Neurosurgery, Orthopaedics & Spine Specialists PC (NOSS) 690 Main Street South Southbury, CT 06488 (203) 755-6677 Flynn, Jr., William MD Taylor, Glenn MD Watson, Frederick MD</p> <p>Neurosurgery, Orthopaedics & Spine Specialists PC (NOSS) 500 Chase Parkway Waterbury, CT 06708 (203) 755-6677 Flynn, Jr., William MD Taylor, Glenn MD Watson, Frederick MD</p>	<p>Orthopedic Associates of Hartford 499 Farmington Avenue, Suite 300 Farmington, CT 06032 (860) 549-3210</p> <p>Aronow, Michael MD Benthien, Ross MD Bontempo, Nicholas MD Burns, Jeffrey MD Burton, Kevin MD Caputo, Andrew MD Carangelo, Robert MD Davis, Stephen L. MD Dugdale, Thomas MD Esmende, Sean MD Grady-Benson, John MD Judson, Christopher MD Lena, Christopher, MD Makanji, Heeren, MD Mazzara, James, MD McDonald, Thomas, MD Memmo, Pietro, MD Miranda, Michael, MD</p>	<p>Orthopedic Associates of Hartford (cont.) Nagarkatti, Durgesh MD Rios, Clifford MD Shekman, Mark MD Sullivan, Raymond MD Ware, Kristopher, MD Waskowitz, Robert, MD Witmer, Daniel, MD Zhou, Hanbing, MD Zimmermann, Gordon MD</p> <p>Waterbury Orthopaedics Associates 1211 West Main Street Waterbury, CT 06708 (203) 755-0163 Mariani, Michelle MD Olson, Eric MD Rodin, Dennis MD</p>
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Pain Management

<p>Comprehensive Pain Management of Central CT 440 New Britain Ave Plainville, CT 06062 (860) 793-0500 Grahling, Eric, MD</p> <p>Neurosurgery, Orthopaedics & Spine Specialists, PC (NOSS) 500 Chase Parkway Waterbury, CT 06708 (203) 755-6677 Ghaly, Tamer MD Johar, Sandeep DO</p>	<p>Orthopedic Associates of Hartford 499 Farmington Avenue, Suite 300 Farmington, CT 06032 (860) 549-3210 Memmo, Pietro MD Codispoti, Vincent MD</p>
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Physical Therapy Services

<p>Access Rehab Centers 1625 Straits Turnpike, #300 Middlebury, CT 06762 (203) 598-0400</p> <p>Access Rehab Centers 305 Church Street, Suite 16 Naugatuck, CT 06770 (203) 723-4010</p> <p>Access Rehab Centers 84 Oxford Road - Route 67 Oxford, CT 06478 (203) 881-0830</p> <p>Access Rehab Centers 690 Main Street South Southbury, CT 06488 (203) 267-4060</p> <p>Access Rehab Centers 131 Main Street Thomaston, CT 06787 (860) 283-4700</p> <p>Access Rehab Centers ** 715 Lakewood Road Waterbury, CT 06704 (203) 759-1122</p> <p>Access Rehab Centers 2154 East Main Street Waterbury, CT 06705 (203) 575-051</p> <p>Access Rehab Centers 134 Grandview Avenue Waterbury, CT 06708 (203)573-7130</p> <p>Access Rehab Centers 22 Tompkins Street Waterbury, CT 06708 (203) 419-0381</p>	<p>Access Rehab Centers 64 Robbins Street Waterbury Hospital Waterbury, CT 06708 (203) 573-6041</p> <p>Access Rehab Centers 650 Wolcott Road Wolcott, CT 06716 (203) 879-6700</p> <p>Peak Physical Therapy 550 Chase Avenue Waterbury, CT 06704 (203)757-0100</p> <p>Physical Therapy & Sports Medicine Center 100 Prospect Street Naugatuck, CT 06770 (203) 723-0722</p> <p>Physical Therapy & Sports Medicine Center ** 18 South Center Street Southington, CT 06489 (860) 621-5054</p> <p>Physical Therapy & Sports Medicine Center 1211 West Main Street Waterbury, CT 06708 (203) 753-6043</p> <p>Physical Therapy & Sports Medicine Center 27 Depot Street Watertown, CT 06795 (860) 274-1487</p> <p>Saint Mary's Hospital Physical Therapy 799 New Haven Road Naugatuck, CT 06770 (203) 720-1750</p>	<p>Saint Mary's Hospital Physical Therapy 1981 East Main Street Waterbury, CT 06705 (203) 709-6232</p> <p>Score Physical Therapy, LLC 51 Sherman Hill Road Bldg. A, Ste 201 Woodbury, CT 06798 (203) 263-3104</p> <p>Score Physical Therapy, LLC 2 Pomperaug Office Park, Suite 303 Southbury, CT 06488 (203) 264-1735</p> <p>Score Physical Therapy, LLC 1579 Straights Turnpike Middlebury, CT 06762 (203) 577-2002</p> <p>Select Physical Therapy ** 117 Sharon Road Mall View Plaza Waterbury, CT 06705 (203) 756-2334</p> <p>Select Physical Therapy 76 Westbury Parkway Suite 201E Watertown, CT 06795 (860) 274-7573</p> <p>Select Physical Therapy 1320 West Main St., Unit #5 Waterbury, CT 06708 (203) 573-9518</p> <p align="right">** Aqua Therapy Available</p>
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Should your injury require specialty treatment not available in the City of Waterbury's network, a provider from an approved list established by the Workers' Compensation Commission may be chosen for your treatment. The City will comply with the Commissioner's decision regarding second opinion requests.