# NOTICE TO EMPLOYEES



State of Connecticut Workers' Compensation Commission

PLACE IN EACH PLACE OF EMPLOYMENT. FAILURE TO

POST THIS NOTICE WILL SUBJECT THE EMPLOYER TO

STATUTORY PENALTY (Section 31-279 C.G.S.).

Date Posted:

Revised 10-01-2021

insurance company should be addressed

to the employer, the insurance company, or

the Workers' Compensation Commission

(1-800-223-9675).

The Workers' Compensation Act (Connecticut General S	tatutes Chapter 568) requires your employer,
The City of Waterbury and the Waterbury BOE	
to provide benefits to you in case of injury or occupation	nal disease in the course of employment.
Section 31-294b of the Workers' Compensation Act states in the course of his employment shall immediately reporepresenting his employer. If the employee fails to repolaw judge may reduce the award of compensation propemployer has sustained by reason of the failure, providing prejudice shall rest upon the employer."	rt the injury to his employer, or some person ort the injury immediately, the administrative ortionately to any prejudice that he finds the
An injury report by the employee is NOT an official writt benefits; the Workers' Compensation Commission's Form	n 30C is necessary to satisfy this requirement.
NOTE: You must comply with P. A. 17-141 (see next box	c, below) when filing a compensation claim.
The INSURANCE COMPANY or SELF-INSURANCE ADMIINATE PMA Companies	NISTRATOR is:
	Telephone1-888-476-2669
City/Town Glastonbury	State CT Zip Code 06033
Approved Medical Care Plan X Yes No	
The State of Connecticut Workers' Compensation Comm	ission office for this workplace is located at:
Address 55 W.Main St	Telephone
Address 55 W.Main St  City/Town Waterbury	State CT Zip Code 06702
Public Act 17-141 allows an employer the option to desi where other labor law posters required by the Labor De the Workers' Compensation Commission's website [wo must file claims for compensation.	partment are prominently displayed" and on
If your employer has listed a location below, you MI	JST file your compensation claim there.
When filing your claim, you are also required –	by law – to send it by certified mail.
If blank below, ask your employer v	where to file your claim.
Employer Name _ City of Waterbury / Office of the Town CI	erk
	Telephone203-574-6806
그리 사람들은 경영 등 경영 등 이 경영 등 전에 가장 사람들이 되었다. 그 사람들이 되었다. 그 사람들이 되었다. 그 사람들이 되었다. 그 사람들이 되었다.	OT 06702
City/Town Waterbury	State Zip Code
THIS NOTICE MUST BE IN TYPE OF NOT LESS THAN TEN POINT BOLD-FACE AND POSTED IN A CONSPICUOUS	Any questions as to your rights under the law or the obligations of the employer or

# City of Waterbury and Waterbury Board of Education Medical Care Plan

#### To All Employees:

The City of Waterbury and Waterbury Board of Education has elected to become a participating employer in an Employers Medical Care Plan filed with the Connecticut Workers' Compensation Commission. The Employer Medical Care Plan allows The City of Waterbury and Waterbury Board of Education to direct employees to a list of Medical Providers for treatment of work-related injuries and illnesses. Failure to do so may suspend an employee's right to receive Workers' Compensation benefits, subject to the order of a Worker's Compensation Commissioner.

The City of Waterbury and Waterbury Board of Education Employer Medical Care Plan is part of The PMA Insurance Group Medical Care Plan and of PMA Management Corp. of New England, the employer's risk management firm. The effective date of the Employers Medical Care Plan is January 1, 2025.

The City of Waterbury and Waterbury Board of Education Workers' Compensation medical care plan is applicable for injuries occurring on or after the plan's effective date. If you have an established and approved Workers' Compensation claim and are currently being treated for that injury, there are no changes. You can continue your treatment with your established treating provider until treatment for your injury is completed.

As an employee of The City of Waterbury and Waterbury Board of Education, you must report a work-related injury or illness to your supervisor, who will complete a **First Report of Injury Form** before the end of the shift. If you require medical intervention or evaluation for your injury or illness, you will be directed to your choice from a primary care center to receive treatment. If you require further medical treatment, notify your department supervisor. If you have a medical emergency, go to the nearest emergency department.

You may obtain follow-up medical care from providers listed on The PMA Companies Insurance Group Medical Care Plan directory. Should your injury require specialty treatment not available in The PMA Insurance Medical Care Plan, a consultant from an approved list established by the Workers' Compensation Commission may be chosen for your treatment. Please see The City of Waterbury's Risk Manager for guidance.

Please review the medical care plan guide, and sign the Employee Acknowledgment, recognizing your understanding and that you have read and understand the process for treatment of work-related injuries or illnesses.

If you are out of work as a result of your work-related injury or illness, you will be contacted regularly by the PMA Management Corp. of New England Claims Coordinator to determine that your medical needs are met. You are responsible for providing on-going updates regarding your work status to your supervisor. Each of you is an important member of The City of Waterbury and Waterbury Board of Education and the purpose of this program is to ensure you receive appropriate medical treatment in a timely manner to facilitate recovery. If you have any questions during this process, please contact Risk Management at 1-203-574-6840 ext.7017

The Management staff of The City of Waterbury and Waterbury Board of Education and your assigned adjuster at PMA Companies are available to assist you from the time of your injury through recovery and return to work.

# QUESTIONS ABOUT WORKERS' COMPENSATION

You May Ask About Workers' Compensation Protection.

#### 1. What is Workers' Compensation?

The purpose of Workers' Compensation is to provide injured workers and those who depend upon them with a means of support when they are unable to work because of a work-related disability. Its purpose also is to bring about a prompt recovery.

### 2. What is a "Work-Related Injury or Illness"?

The term "Work-Related Injury or Illness" is used to describe any injury or disease which results from work or working conditions and which occurs during the employee's service to the employer.

#### 3. Who administers a Workers' Compensation claim?

PMA Companies is the claims administrator for The City of Waterbury and Waterbury Board of Education. They administer all compensation benefits an injured worker is entitled to receive. If you have any questions about Workers' Compensation, contact the City's Risk Management Department at 203-574-6840 ext. 7017 or PMA Companies customer service center at 1-888-476-2669.

### 4. How do you qualify for benefits?

Report the injury or illness to your supervisor immediately. The employee must specify what, where, when and how it happened and provide enough information so that your supervisor can complete the First Report of Injury form.

Prompt reporting is key. Benefits are automatic for accepted work-related injuries or illnesses.

#### 5. What if you need prescription drugs?

Employees requiring prescriptions must have them filled at a pharmacy that participates with PMA's Pharmacy Benefit Manager, Cadence Rx. Most pharmacies will participate in this network but please contact Cadence Rx at 1-888-813-0023 to confirm.

#### 6. What if you are currently being treated for a workers' compensation injury or illness?

The City of Waterbury and Waterbury Board of Education Workers' Compensation medical care plan is for injuries occurring on or after the plan's effective date. If you have an established and approved Workers' Compensation claim and are currently being treated for that injury, there are no changes. You can continue your treatment with your established treating provider.

#### 7. Where do you obtain medical treatment?

Prompt medical care is a key element to a fast recovery from an injury or illness. Emergency medical care and medical follow-up treatment can often mean the difference between complete recovery from an injury or lasting physical disability.

If you become injured at work, you should report your injury to your department supervisor and proceed to one of the plan's Occupational Health that is listed. If you become injured when the centers are closed, you should go to the nearest emergency department.

#### 8. What if you need continuing medical treatment?

In the event an employee's injury or illness requires additional medical care beyond the initial visit to a primary care center or the emergency department, a primary treating physician within the City of Waterbury's medical Care Plan must be selected. If the specialty is not in our network then call PMA Companies and they will assist in locating a provider who is in the CT Workers' Compensation Network. This physician will continue to provide necessary treatment and referrals to other specialists if or when needed.

Employees are required to obtain treatment from providers in the approved plan. Failure to do so may suspend an employee's right to receive Workers' Compensation benefits, subject to the order of a Workers' Compensation Commissioner.

Should your injury require specialty treatment not available in The City of Waterbury's Medical Care Plan, the provider must participate in the CT Workers' Compensation medical plan.

#### 9. What do you do if the doctor releases you to modified/light duty work?

Bring your physician's completed copy of the "Work Status Report" to your department supervisor or HR representative immediately. The City of Waterbury and Waterbury Board of Education will try to provide you with a temporary, modified duty position to meet your doctor's specified restrictions. If you have any questions regarding the Modified / Light Duty process, please contact your department supervisor or HR representative.

Once your Medical Provider releases you to return to full duty, the temporary, disability wage support stops.

#### 10. What if you have further questions?

If you have further questions regarding your Workers' Compensation benefits, please contact your assigned adjuster from PMA Companies at 1-888-476-2669. As always you can contact The City's Risk Management Department at 203-574-6840 ext.7017

#### 11. What if you have questions about your medical treatment?

If you have questions regarding your medical treatment, you can contact PMA at 888-476-2669 to request a review of the medical care and services being provided to you.

### CITY OF WATERBURY and WATERBURY BOARD OF EDUCATION

# Workers' Compensation Approved Specialties Network & PMA

# Medical Care Plan Providers Index Effective Date – January 1,2025

Core Specialties covered within the City of Waterbury and Waterbury Board of Education's customized Medical Care Plan

Chiropractic Medicine

**Emergency Care** 

**General Surgery** 

**Hand Surgery** 

**Neurological Surgery** 

Occupational medicine

**Ophthalmology** 

**Orthopedics including Surgery** 

Pain Management

**Physical Therapy** 

**Podiatry** 

Should an injury require specialty treatment not covered in the Waterbury Medical Care Plan, a provider from the approved provider list established by the Worker's Compensation Commission may be chosen for treatment.

❖ Please contact PMA for guidance.

# Occupational Health / Initial visit Facility

# Saint Mary's Occupational Health and Diagnostic Center

1312 West Main Street Waterbury, CT 06708 203-709-3740

# **Emergency Care**

# Saint Mary's Hospital

56 Franklin Street

Waterbury, CT 06706

203-709-6000

#### Waterbury Hospital

64 Robbins Street

Waterbury, CT 06721

203-573-6000

# Chiropractic Medicine

# Palmer Herman Chiropractic

331 Church St. Naugatuck CT. 06770 (203) 729-4047 Palmer, Terry DC Herman, Glenn DC

# Hodes Chiropractic, LLC.

1249 West Mains St. Suite 7 Waterbury, CT. 06708 (203) 754-2300 **Scott, Hodes DC** 

# **Back to Health Chiropractic**

3 Pomeraug Office Park Suite 103 Southbury CT. 06488 (203) 263-0477 **LeMoullec, Erik G. DC** 

# Chiropractic Kinesiologists

250 Wolcott Rd. Suite 4 Wolcott CT. 06716 (203) 879-1385 Cucolo, Frank DC

Cucolo, Matthew DC

# **General Surgery**

#### Trinity Health of New England

590 Middlebury Rd, Ste A Middlebury, CT 06762 (203)709-3572

Macaron, Shady, MD

### Alliance Medical Group Surgery

1625 Straits Turnpike, Suite 200 Middlebury CT 06762 (203) 568-2929 Knight, David MD Shetty, Jayakara MD Kurtzman, Scott MD

#### Middlebury Surgical LLC.

687 Straits Turnpike Suite 2A Middlebury CT 06762 (203) 598-0235 **Tripodi, Joseph G MD** 

### **Surgical Associates**

455 Lewis Ave STE 216 Meriden, CT 06451 (203)634-0134 Aurangzeb A Ali MD Peter D Leff MD

#### Midstate Medical Group

455 Lewis Ave STE 208 Meriden CT 06451 (203) 238-2691 Benbrahim, Aziz MD

# Hartford Healthcare Medical Group at Charlotte Hungerford Hospital

538 Litchfield Street STE 201 Torrington, CT 06790 (860) 489-7017 Gostkowski, Timothy MD McGeehin, William H. MD

# **Hand Surgery**

# **Active Orthopedics PC**

Turnpike Office Park 1579 Straits Turnpike Middlebury CT 06762 (203) 758-1272 Carlson, Erik J. MD

### Orthopedic Associates of Hartford / OAH

499 Farmington Ave. Suite 300 Farmington CT 06032 (860) 549-3210 Bontempo, Nicholas MD Burton, Kevin MD Caputo, Andrew MD

# Neurosurgery, Orthopedics & Spine Specialists PC / NOSS

500 Chase Parkway Waterbury CT 06708 (800) 463-8764 Manzo, Richard

# **Neurosurgery**

# Hartford HealthCare Medical Group

1781 Highland Ave Suite 106 Cheshire CT 06410 (203) 271-2120 Bauman, Joel MD

### **HHC Physicians Care Inc**

85 Barnes Road Wallingford CT 06492 (860) 696-2290 Bauman, Joel MD UConn Health Center Anesthesiology, University Of Connecticut Health Center - Medical

Lab

263 Farmington Ave Farmington, CT 06030 (860)679-4888

Chozick, Bruce S MD Onyiuke, Hilary MD Bulsara, Ketan R MD Simon, Richard MD

Neurosurgery, Orthopaedics & Spine Specialists PC / NOSS

500 Chase Parkway Waterbury CT 06708 (203) 755-6677 Forshaw, David MD Waitze, Alan MD

# **Ophthalmology**

# ReFocus Eye Health

415 Highland Avenue Cheshire, CT 06410 (203) 272-5494 Swan, Andrew MD Masi, Paul MD

ReFocus Eye Health 2880 Old Dixwell Avenue Hamden, CT 06518 (203) 248-6365 Swan, Andrew, MD

Murphy, James, MD Masi, Paul, MD

#### ReFocus Eye Health

87 Grandview AvenueWaterbury, CT 06708(203) 574-2020

Tannenbaum, Mark MD Wandel, Erica MD

### The Eye Care Group

1201 W. Main Street, Ste 100 Waterbury, CT 06708 (203)597-9100

Peter Branden, MD

Stephanie L. Sugin, MD

Yanina Kostina, MD

Joel A. Geffin, MD

Jonathan E. Silbert, MD

Cynthia Guzman Covey, MD

Danielle S. Rudich, MD

Steven C. Thorquist, MD

Nhu-Y T. Dao, MD

Alexander T. Nguyen, MD

Laura Andrews, MD

### Solinsky Eye Care

505 Willard Ave STE 2B Newington, CT 06111 (860)667-0207 Solinsky, Alan E MD Jeng, David J MD Hwang, Jeremy C MD Lee, Lyndon B MD

# **Orthopedics**

# 2 NEW GROUPS Below: CT Orthopaedics & UCONN Health Orthopedics

# **Connecticut Orthopaedics**

Multiple Locations throughout the State:

Branford / Cheshire / Essex / Fairfield / Guilford / Hamden / Madison / Meriden / Milford / Orange / Shelton / Trumbull / Wallingford / Westport

#### LOCALLY:

680 South Main Street Cheshire CT 06410 (203) -272-3120

435 Lewis Avenue Meriden CT 06451 (833) 286-7846 701 North Colony Road Wallingford CT 06492 (203) 265-1800

2408 Whitney Ave Hamden, CT 06518

**Physician** 

Arlis-Mayor, Stephanie MD

Beiner, John M. MD

Bernstein, Richard A. MD

Boone, Peter S. MD

Campbell, Curtis L. MD

Cohen, David

Corbett, Nicola MD

Daigneault, John P. MD

Diana, Richard MD

Ferrucci, Allen M. MD Gagliardi, Josephy MD Girasole, Gerard J. MD

Irving, John F. MD

Kelley, John D. MD

Klauser, Jeffrey M. MD Kramer, Kenneth M. MD Lieponis, Jonas V. MD Lorenze, Mark D. MD

Luster, Steven M. MD Lynch, Christopher B. MD

Martin, David J. MD

Mayor, Rowland B. MD

**Specialty** 

Sports Medicine

Spine, Back & Neck

Hand & Upper Extremity

Joint Replacement

Joint Replacement

Ortho General Surgeon \*New

Foot/Ankle Arthroscopy

(Orthopaedic)

Sports Medicine &

Arthroscopy

Sports Medicine &

Arthroscopy

Foot/Ankle Arthroscopy

(Orthopaedic)

Diagnostic Radiology

Spine, Back & Neck

Joint Replacement

Sports Medicine &

Arthroscopy

Sports Medicine &

Arthroscopy

Spine, Back & Neck Spine, Back & Neck

Hand & Upper Extremity

Sports Medicine &

Arthroscopy

Joint Replacement

General Orthopaedics

Sports Medicine &

Arthroscopy

McCallum, John D. MD Minotti, Philip A. MD Moran, Thomas P. MD

Joint Replacement Joint Replacement Hand & Upper Extremity

Padegimas, Eric M. MD

Sports Medicine & Arthroscopy

Patel, Rakesh MD

Pain Management Foot/Ankle Arthroscopy

Reach, John S. Jr. MD

(Orthopaedic) Sports Medicine &

Redler, Michael R. MD

Arthroscopy Sports Medicine &

Reznik, Alan M. MD Russo, Glenn S. MD

Arthroscopy Spine, Back & Neck

Ruwe, Patrick A. MD

Sports Medicine & Arthroscopy .

Scanlan, Mark W. MD

Hand & Upper Extremity

Schachter, Aaron K. MD

Sports Medicine & Arthroscopy

Sports Medicine &

Sports Medicine &

Shia, Derek S. MD

Arthroscopy

Spak, James I. MD

Arthroscopy

Sumner, Jeffrey M. MD

Spine, Back & Neck Foot/Ankle Arthroscopy

Tomak, Sanda L. MD Weisman, Tedd L. MD (Orthopaedic) Hand & Upper Extremity

White, Martin J. MD

Sports Medicine and Arthroscopy, Knee

Wijesekera, Shirvinda A. MD Wilchinsky, Mark E. MD

Spine, Back & Neck Joint Replacement

Yue, James J. MD

Spine, Back & Neck

# **UCONN Health Orthopedics & Sports Medicine**

1115 West Street Southington CT 06489 (203) 276-6090

# **UCONN Musculoskeletal Institute & Surgery Center**

120 Dowling Way (Surgery Ctr.) 263 Farmington Avenue (Main Campus) Farmington CT 06030 1-844-388-2666 (1-84-GET-UCONN)

<u>Providers</u>	<b>Specialties</b>
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Arciero, Robert a. MD Orthopedics & Sports Medicine

Coyner, Katherine MD Orthopedics & Sports Medicine

Moss, Isaac L. MD Comprehensive Spine & Orthopedics/Sports Medicine

Onyiuke, Hilary MD Comprehensive Spine & Neurosurgery
Parrino, Anthony MD Orthopedics / Elbow, Hand & Wrist

Sakalkale, Durgadas P. MD Comprehensive Spine

Sathe, Vinayak MD Orthopedics & Sports Medicine Foot & Ankle

Shea, Kevin MD Orthopedics & Sports Medicine Knee & Shoulder

Wang, David MD Orthopedics & Sports Medicine

Williams, Vincent MD Orthopedics & Sports Medicine, Hip, Joint replacement & Preservation

# **Active Orthopaedics PC**

1579 Straits Turnpike Middlebury CT 06762 (203) 758-1272

Carlson, Erik J. MD Kaplan, Michael

# CT Spine and Disc Institute

1579 Straits Turnpike #81 Middlebury CT 06762 (203) 758-2003

Raftery, Charles MD

# Orthopedic Associates of Hartford / OAH

499 Farmington Avenue Suite 300

Farmington CT 06032

(860) 549-3210

Aronow, Michael MD

Benthien, Ross MD

Bontempo, Nicholas MD

Burns, Jeffrey MD

Burton, Kevin MD

Caputo, Andrew MD

Carangelo, Robert MD

Davis, Stephen L. MD Esmende, Sean MD Grady-Benson, John MD Judson, Christopher MD Lena, Christopher, MD Makanji, Heeren, MD Mazzara, James, MD McDonald, Thomas, MD Memmo, Pietro, MD Miranda, Michael, MD Nagarkatti, Durgesh MD Rios, Clifford MD Shekhman, Mark MD Sullivan, Raymond MD Ware, Kristopher, MD Waskowitz, Robert, MD Witmer, Daniel, MD Zhou, Hanbing MD

# Neurosurgery, Orthopaedics & Spine Specialists PC

2 locations:

500 Chase Parkway Waterbury CT 06708 (203) 755-6677

690 Main Street South
Southbury CT 06488
(203) 755-6677
Flynn, Jr., William MD
Laurencin, Samuel MD \* Newly Board certified
Taylor, Glenn MD
Watson, Frederick MD
Shaughnessy, Peter MD

# Waterbury Orthopaedics Associates

1211 West Main Street Waterbury CT 06708 (203) 755-0163

Olson, Eric MD Rodin, Dennis MD

# Pain Management

# Comprehensive Pain Management of Central CT

440 New Britain Avenue Plainville CT 06062 (860) 793-0500 Grahling, Eric MD

# I-Spine / Interventional Spine & Pain Institute of New England

3 Locations

1389 West Main Street Suite #123 Waterbury CT 06708 (203) 755-5555

2 Trap Falls Suite #404 Shelton CT 06484 (203) 734-7900

1 Long Warf Drive Suite #212 New Haven CT 06511 (203) 624-4208 Ghaly, Tamer MD

# Orthopedic Associates of Hartford

499 Farmington Avenue Suite 300 Farmington CT 06032 (860) 549-3210 Memmo, Pietro MD Codispoti, Vincent MD

# Neurosurgery Orthopaedics & Spine Specialists / NOSS

500 Chase Parkway Waterbury CT 06708 (203) 755-6677 Forzani, Brian MD

# **Podiatry**

Dr. McHugh & Associates
3 locations / Wolcott, Watertown, Torrington
464 Wolcott Rd.
Wolcott CT 06716
(203) 879-3648
McHugh, John D.P.M.
Ferrante, Peter D.P.M.
Mullen, Dave D.P.M.
Dottino, Ezra D.P.M.

# **Advanced Podiatric Specialist**

1389 West Main St. Suite 222 Waterbury CT 06708 (203) 757-9200 **Donegan, Ryan D.P.M.** 

# Performance Foot & Ankle Specialists, LLC

714 Chase Parkway Suite 4
Waterbury CT 06708
(203) 902-5212
Lazaroff, Stephen D.P.M.
Segalman, Joel Scott FACFAS, FACFAO

# **Physical Therapy**

Access Rehab Centers 1625 Straits Turnpike, #300 Middlebury, CT 06762 (203) 598-0400

Access Rehab Centers 305 Church Street, Suite 16 Naugatuck, CT 06770 (203) 723-4010

Access Rehab Centers 84 Oxford Road - Route 67 Oxford, CT 06478 (203) 881-0830

Access Rehab Centers 690 Main Street South Southbury, CT 06488 (203) 267-4060

Access Rehab Centers 131 Main Street Thomaston, CT 06787 (860) 283-4700

Access Rehab Centers \*\* 715 Lakewood Road Waterbury, CT 06704 (203) 759-1122

Access Rehab Centers

2154 East Main Street Waterbury, CT 06705 (203) 575-051

Access Rehab Centers 134 Grandview Avenue Waterbury, CT 06708 (203)573-7130

Access Rehab Centers 22 Tompkins Street Waterbury, CT 06708 (203) 419-0381 Access Rehab Centers64 Robbins Street Waterbury Hospital Waterbury, CT 06708 (203) 573-6041

Access Rehab Centers 650 Wolcott Road Wolcott, CT 06716 (203) 879-6700

Peak Physical Therapy 550 Chase Avenue Waterbury, CT 06704 (203)757-0100

Physical Therapy & Sports MedicineCenter 100 Prospect Street Naugatuck, CT 06770 (203) 723-0722

Physical Therapy & Sports MedicineCenter \*\*
18 South Center
Street Southington,
CT 06489
(860) 621-5054

Physical Therapy & Sports MedicineCenter 1211 West Main Street Waterbury, CT 06708 (203) 753-6043

Physical Therapy & Sports MedicineCenter 27 Depot Street Watertown, CT 06795 (860) 274-1487 Saint Mary's Hospital Physical Therapy 1981 East Main Street Waterbury, CT 06705 (203) 709-6232

Score Physical Therapy, LLC 51 Sherman Hill RoadBldg. A, Ste 201 Woodbury, CT 06798 (203) 263-3104

Score Physical Therapy, LLC 2 Pomperaug Office Park, Suite 303 Southbury, CT 06488 (203) 264-1735

Score Physical Therapy, LLC 1579 Straights Turnpike Middlebury, CT 06762 (203) 577-2002

Select Physical Therapy \*\*
117 Sharon Road
Mall View Plaza
Waterbury, CT
06705
(203) 756-2334

Select Physical Therapy 76 Westbury Parkway Suite 201EWatertown, CT 06795 (860) 274-7573

Select Physical Therapy 1320 West Main St., Unit #5 Waterbury, CT 06708 (203) 573-9518

\*\* Aqua Therapy Available

Should your injury require specialty treatment not available in the *CIRMAcare* Medical Care Plan, a consultant from an approved list established by the Workers' Compensation Commission may be chosen for your treatment. Please see The City of Waterbury's Risk Manager for guidance.

The City will comply with the Commissioner's decision regarding second opinion requests.





### WORKPLACE INJURY PRESCRIPTION INFORMATION

# Employer:

Please fill out the employee information below and provide the employee with this document to take to any pharmacy for their workplace injury prescriptions.

# Employee:

**PMA Companies** has partnered with **Cadence Rx** to make filling workers' compensation prescriptions easy. Medications may be subject to formulary and pre-authorization requirements. Please take this letter and your prescription(s) to a pharmacy near you.

Cadence Rx has a network of over 72,000 pharmacies nationwide. To locate a network pharmacy near you, please use the pharmacy locator at <a href="https://cadencerx.com/find-a-pharmacy/">https://cadencerx.com/find-a-pharmacy/</a> or call Cadence Rx toll-free at 1-888-813-0023.

This document serves as a temporary prescription card. A permanent prescription card specific to your work-related injury or illness will be forwarded directly to you if your claim is deemed compensable for pharmacy benefits.

IF YOU HAVE QUESTIONS OR NEED ASSISTANCE AT THE PHARMACY, PLEASE CALL 888-813-0023

#### Pharmacist:

Please obtain the below information from the injured employee to process prescriptions for the workplace injury only. Please do not send the patient home or have the patient pay for medication(s) before calling Cadence Rx for assistance.

Note: Certain medications are pre-approved for this patient; these medications will process without an authorization. All others will require prior approval.

CADENCE (R	***** * PMAcare+ ****
Employee Name:	197190110
Member ID *Refer to Number* Member ID Format	200
Date of Injury:	
Group Number:	PMACRX
PCN Number:	CRX
BIN Number:	021460

#### **Pharmacy Information**

This form allows you to fill your initial prescriptions with a maximum cost of \$500 per medication and no more than a 14-day supply per prescription. Pharmacy, if you need assistance processing this claim, please call 1-888-813-0023.

The pharmacy benefit card is only to be used for medications prescribed for your work-related injury. By using this card, you acknowledge and accept financial responsibility for any prescriptions billed under this card that are later found to be unrelated to your injury.

 Member ID format: The ID <u>must</u> start with FF followed by the last 4 digits of the social security number plus 8- digit DOI (MMDDYYYY). Example: FF999901012018





# Participating Pharmacies/Farmacias Participantes:

Below are some of the major pharmacy chains Cadence Rx partners with/ A continuación se presentan algunas de las principales cadenas de farmacias con las que se asocia Cadence Rx:

**Acme Pharmacy** 

Albertson's

**Aurora Pharmacy** 

**Bartell Drugs** 

BigY

Bi-Lo

Bi-Mart

Brooks

Brookshire Brothers

Brookshire Grocery
Carrs

Costco

cvs

Dillons

Discount Drug Mart

Eckerd Drug

**EPIC Pharmacy** 

**Food City** 

Food Lion

Fred Meyer

Fry's Food and Drug

Giant Eagle

Hannaford

Harris Teeter

**HEB Grocery** 

**HY-VEE Pharmacy** 

**Ingles Markets** 

King Sooper's Pharmacy

Kinney Drugs

**Kroger Pharmacy** 

**Kmart Pharmacy** 

Leader Drug Stores

Longs Drug Store

Marsh Drugs

Medicap

Medicine Shoppe

Meijer Pharmacy

New Albertson's

Osco

Price Chopper

**Publix** 

Raley's Drug Center

Ralphs

Randalls

Rite Aid

Safeway

Sam's Club

Sav Mor Drug Stores

Save Mart

Shaw's

Shoprite

Smith's Food and Drug Center

Snyder -

Stop and Shop Pharmacy

SuperValu Pharmacy

**Target Pharmacy** 

**Thrifty Drugs** 

Tom Thumb

Tops

**United Pharmacy** 

Vons

Walgreens

Walmart

Wegmans

Weis

Winn Dixie





# INFORMACIÓN DE RECETAS POR LESIONES EN EL LUGAR DE TRABAJO

# Empleador:

Complete la información del empleado a continuación y proporcione este documento al empleado para que lo lleve a una farmacia para sus recetas por lesiones en el lugar de trabajo.

# Empleado:

PMA Companies se ha asociado con Cadence Rx para que sea más fácil rellenar las recetas de los trabajadores. Las medicaciones podrán estar sujetas a requisitos de autorización previa y formularios. Lleve esta carta y su(s) receta(s) a una farmacia cercana.

Cadence Rx cuenta con una red de más de 72.000 farmacias por todo el país. Para encontrar una farmacia de nuestra red cerca de usted puede usar el buscador de farmacias en <a href="https://cadencerx.com/find-a-pharmacy/">https://cadencerx.com/find-a-pharmacy/</a> o llame a Cadence Rx sin cargo al 1-888-813-0023.

Este documento sirve como tarjeta temporal de recetas. Le enviaremos una tarjeta de recetas permanente para su enfermedad o lesión laboral si se considera que su reclamación amerita compensación con prestaciones farmacéuticas.

SI TIENE ALGUNA PREGUNTA O NECESITA ASISTENCIA EN LA FARMACIA LLAME AL 888-813-0023

#### Farmacéutico:

Obtenga la siguiente información del empleado lesionado para procesar las recetas sólo aplicadas a la lesión en el lugar de trabajo. No envíe al paciente a casa ni le haga pagar la(s) medicación(es) antes de llamar a Cadence Rx.

Nota: Ciertas medicaciones están preaprobadas para este <u>paciente</u>; estas medicaciones serán procesadas sin autorización. El resto necesitan aprobación previa.

Tarj	eta Identific	cativa de Recetas	
CADEN PEER TO PEER PRESCRIPTION		***** * <b>PMA</b> Car ****	e+
Nombre del empleado:	63-7		
Número ID de Miembro*	*Consultar Formato de ID de Miembro		
Fecha de Lesión	1:		
Número de Gru	ipo:	PMACRX	
Número PCN:		CRX	
Número BIN:		021460	

Tarjeta Creada El: \_\_\_\_/\_\_\_/

#### Información para la Farmacia

Este formulario le permite completar sus primeras recetas con un costo máximo de \$500 por medicación y no más de 14 días de abastecimiento por receta. Farmacia, si requiere asistencia para procesar este reclamo, llame al 1-888-813-0023.

La tarjeta de prestaciones farmacéuticas solo debe ser usada para medicaciones recetadas para su lesión laboral. Al usar esta tarjeta usted reconoce y acepta responsabilidad económica por cualquier receta facturada bajo esta tarjeta que resulte no estar relacionada con su lesión.

 Formato de ID de Miembro: El ID debe comenzar por FF seguido por los últimos 4 números del número de seguridad social más los 8 números del DOI (MMDDAAAA). Ejemplo: FF999901012018





# Participating Pharmacies/Farmacias Participantes:

Below are some of the major pharmacy chains Cadence Rx partners with/ A continuación se presentan algunas de las principales cadenas de farmacias con las que se asocia Cadence Rx:

Acme Pharmacy

Albertson's

Aurora Pharmacy

**Bartell Drugs** 

Big Y

Bi-Lo

Bi-Mart

**Brooks** 

**Brookshire Brothers** 

**Brookshire Grocery** 

Carrs

Costco

**CVS** 

Dillons

Discount Drug Mart

**Eckerd Drug** 

**EPIC Pharmacy** 

Food City

Food Lion

Fred Meyer

Fry's Food and Drug

**Giant Eagle** 

Hannaford

Harris Teeter

**HEB Grocery** 

**HY-VEE Pharmacy** 

Ingles Markets

King Sooper's Pharmacy

**Kinney Drugs** 

**Kroger Pharmacy** 

**Kmart Pharmacy** 

**Leader Drug Stores** 

Longs Drug Store

Marsh Drugs

Medicap

**Medicine Shoppe** 

Meijer Pharmacy

New Albertson's

Osco

Price Chopper

Publix

Raley's Drug Center

Ralphs

Randalis

Rite Aid

Safeway

Sam's Club

Sav Mor Drug Stores

Save Mart

Shaw's

Shoprite

Smith's Food and Drug Center

Snyder .

Stop and Shop Pharmacy

SuperValu Pharmacy

**Target Pharmacy** 

Thrifty Drugs

Tom Thumb

Tops

**United Pharmacy** 

Vons

Walgreens

Walmart

Wegmans

Weis

Winn Dixie