



October 2017

Waterbury Senior Center (203) 574-6746



Monday October 2, 2017	Tuesday October 3, 2017	Wednesday October 4, 2017	Thursday October 5, 2017	Friday October 6, 2017
9a-11a=Wii Bowling (MP) 10a=BRASS Tai Chi w/Joe (M) 11a=Mah Jong (AC) 11a=Women's Setback (G) 11:30a=Line Dancing (M) 12:30p=Senior Center Meeting (M)	9a-11a=Wii Bowling (MP) 9:45a= Fitness Fury Zumba(M) 10a=B/P (H) 10-11:30a=BRASS Quilters Instr. (AC) 10am=Intro to Internet(C) 10:30a=Setback (G) 11:30a-12:30p=Café Lunch (M) 11:30a=BRASS MagicMicrosoft(C) 12:30p=The Price is Right (M)	9a-11a=Wii Bowling League-Prospect 11am=BRASS Crocheting Instruc. (AC) 12p-2p=Cope w/Color (MP) 11a=Healthy Nutrition(K) 11:30am=Strength Training w/Kim (M) 1p-2p=Balance w/Brenda (M)	9a-11a=Wii Bowling (L) 9:30a-11a= Painting(No Instruct)-(MP) 9:30a=Strength Training (M) 11a=Mah Jong (AC) 11:30a-12:30p=Café Lunch (M) 12:30p=Caregiver Homes-Support for the Caregiver 12:30p-2p=BRASS Tech Help by Appoint	9a-11a=Wii Bowling (MP) 10am=BRASS Chair Exercise w/Ed 11a=Mah Jong (AC) 11a=Poker (G) 11:30a=Afternoon Movie (L) ~Picnic~
October 9, 2017  	October 10, 2017 9a-11a=Wii Bowling (MP) 9a-10:30a=BrassCityHarvest(Porch) 9:45a= Fitness Fury Zumba(M) 10a=B/P (H) 10-11:30a=BRASS Quilters (AC) 10am=Intro to Internet(C) 10:30a=Setback (G) 11:30a-12:30p=Café Lunch (M) 11:30a=BRASS MagicMicrosoft(C) 12:15p=Assurance Wireless (MP) 12:30p=BINGO (M)	October 11, 2017 9a-11a=Wii Bowling (L) 10a-11a=VNA Flu Clinic 11am=BRASS Crocheting. (AC) 12p-2p=Cope w/Color (MP) 11a=Annoula's Restaurant-Woodbury 11a=Healthy Nutrition(K) 11:30am=Strength Training w/Kim (M) 1p-2p=Balance w/Brenda (M)	October 12, 2017 9a-11a=Wii Bowling (L) 9:30a-11a= Painting(No Instruct)-(MP) 9:30a=Strength Training (M) 11am=Golden Leaves Book Club (L) 11a=Mah Jong (AC) 11:30a-12:30p=Café Lunch (M) 11:30a= New Shuttle Registration 12:30p=Mandy's Roundtable (MP) 12:30p-2p=BRASS Tech Help by Appoint	October 13, 2017 9a-11a=Wii Bowling (MP) 10am=BRASS Chair Exercise w/Ed 11a=Mah Jong (AC) 11a=Poker (G) 11:30a=Afternoon Movie (L) ~Old Broads~ CUT OFF FOR ITALIAN HERITAGE PARTY!!!!
October 16, 2017 9a-11a=Wii Bowling (MP) 9a-12:30p=Francesca-Open Enrollment 10a=BRASS Tai Chi w/Joe (M) 11a=Mah Jong (AC) 11a=Women's Setback (G) 11:30a=Line Dancing (M) 11:30a=Slips, Trips & Broken Hips (MP)	October 17, 2017 9a-11a=Wii Bowling (MP) 9:45a= Fitness Fury Zumba(M) 10a=B/P (H) 10-11:30a=BRASS Quilters Instr. (AC) 10am=Intro to Internet(C) 10:30a=Setback (G) 11:30a-12:30p=Café Lunch (M) 11:30a=BRASS MagicMicrosoft(C) 12:30p-2p=BINGO-(M) 12:15p=Assurance Wireless (MP)	October 18, 2017 9a-11a=Wii Bowling (MP) 9:30a-1:30p=AARP Safe Driver 11am=BRASS Crocheting Instruc. (AC) FALL BALL at ARIA 11am - 2pm 11a=Healthy Nutrition(K) 11:30am=Strength Training w/Kim (M) 1p-2p=Balance w/Brenda (M)	October 19, 2017 9a-11a=Wii Bowling (L) 9:30a-11a= Painting(No Instruct)-(MP) 9:30a=Strength Training (M) 11a=Mah Jong (AC) 11:30a-12:30p=Café Lunch (M) 11am=Golden Leaves Book Club (L) 12:30p=American Grave Robbing (M) 12:30p-2p=BRASS Tech Help by Appoint	October 20, 2017 NO PROGRAMMING Italian Heritage Party 11am to 2pm  ITALIA
October 23, 2017 9a-11a=Wii Bowling (MP) 10am=BRASS Tai Chi w/Joe (M) 11a=Mah Jong (AC) 11am=Women's Setback (G) 11:30a=Dr. Alosco-Vein Health (MP) 11:30a=Afternoon Movie (L) ~Love at First Bite~ 11:30a=Line Dancing (M)	October 24, 2017 9a-11a=Wii Bowling (MP) 9a-10:30a=BrassCityHarvest(Porch) 9:45a= Fitness Fury Zumba(M) 10a=B/P (H) 10-11:30a=BRASS Quilters (AC) 10am=Intro to Internet(C) 10:30a=Setback (G) 11:30a-12:30p=Café Lunch (M) 11:30a=BRASS MagicMicrosoft(C) 11:40a-2p=Reflexology 12:15p=Chat w/Francesca(M) 12:45p-2p=BINGO-(M)	October 25, 2017 9a-11a=Wii Bowling (L) 10a-11a=Hearing Presentation (MP) 11a=Healthy Nutrition(K) 11am=BRASS Crocheting (AC) 11:30am=Strength Training w/Kim (M) 12p-2p=Cope w/Color (MP) 12:30p-1:30p=Cards & Crafts (AC) Project:Halloween Bat Cards 1p-2p=Balance w/Brenda (M)	October 26, 2017 9a-11a=Wii Bowling (L) 9:30a-11a= Painting(No Instruct)-(MP) 9:30a=Strength Training (M) 10a=Dolce Haircuts & Manicures 11a=Mah Jong (AC) 11:30a-12:30p=Café Lunch (M) 12:30p-2p=BRASS Tech Help by Appoint 1p=Vets Coffee Hour	October 27, 2017 9a-11a=Wii Bowling (MP) 9:30a-1p=Norton Bros. Farm-\$8 10am=BRASS Chair Exercise w/Ed 11a=Mah Jong (AC) 11am=Poker 11:30a=Afternoon Movie (L) ~TheHaunted Mansion~
October 30, 2017 9a-11a=Wii Bowling (MP) 9a-12:30p=Francesca-Open Enrollment 10am=BRASS Tai Chi w/Joe (M) 11a=Mah Jong (AC) 11am=Women's Setback (G) 11:30a=Afternoon Movie (L) ~Signs~ 11:30a=Line Dancing (M)	October 31, 2017 NO PROGRAMMING Halloween Party 11am to 2pm 		***KEY TO ROOMS*** MP = Multi Purpose Room C = Computer Room Main = Main Room AC = Arts & Crafts Room H=Health Room G=Game Room L=Lounge (TV Room)	 Columbus Day
Register for Meals by 11:30 for next day	Register for Meals by 11:30 for next day	Register for Meals by 11:30 for next day	Register for Meals by 11:30 for next day	Register for Meals by 11:30 for next day